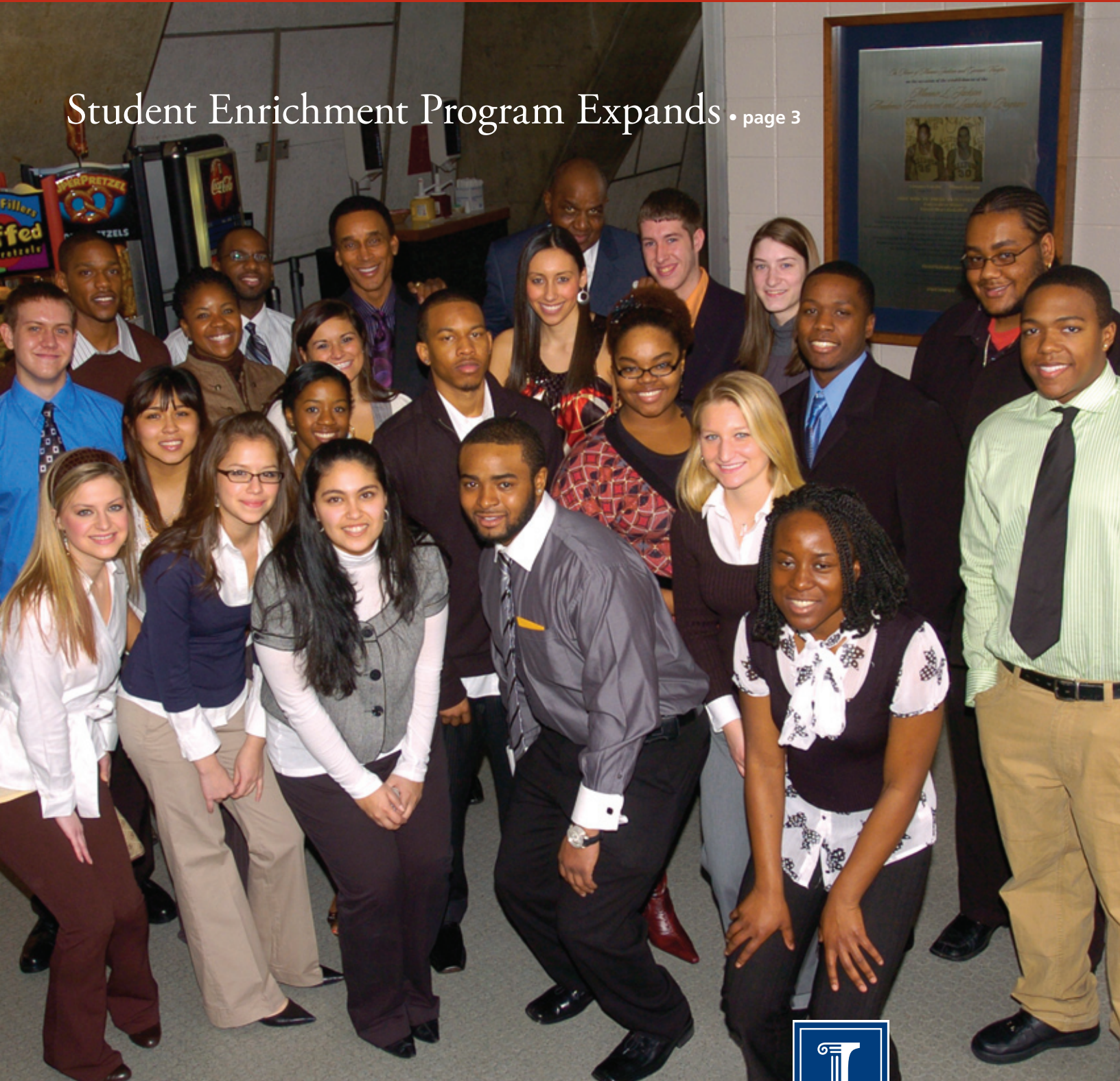


COLLEGE OF  
**AHS NEWS**

The newsletter of the College of Applied Health Sciences at the University of Illinois at Urbana-Champaign

Student Enrichment Program Expands • page 3



## A MESSAGE FROM THE DEAN

The past several months have been remarkably eventful for the College of Applied Health Sciences. From our 50th anniversary celebration in October to a Rose Bowl gathering in Pasadena, our alumni have had several exciting opportunities to reconnect with their alma mater. In addition, support from alumni has allowed the College to expand our research and academic efforts in ways never before possible. Dr. Edward McAuley was invested as the first Shahid and Ann Carlson Khan Professor in Applied Health Sciences at a ceremony in Huff Hall this past semester. The Khans have provided support for five endowed professorships that are aligned with our new Center on Health, Aging, and Disability—an interdisciplinary center for research, education, and outreach activities that will enable people of all ages and abilities to lead healthy, independent, productive lives.

Student support services are growing as well. The AHS Enrichment and Outreach Program, initially developed as a pilot project, is now in its second year and provides academic support to students from under-represented groups and first-generation college students. A major gift from AHS alumnus Mannie Jackson is allowing the College to expand the staff, add coursework, and provide support services to students throughout their entire course of study. To recognize his generous contribution, the program is now called the Mannie L. Jackson Illinois Academic Enrichment and Leadership Program. You can read more about this innovative program in the pages that follow.

We are doing things today that were not thought possible 50 years ago, and we continue to challenge ourselves by supporting initiatives that ensure the highest quality of life across the lifespan. This newsletter takes a look at a few of these recent programs and activities. Groundbreaking for a Beckwith wing as part of a new University housing complex took place last October. Located within one block of Huff Hall, this new residence hall will provide a much-needed upgrade to Beckwith's physical facilities while also facilitating greater interaction among Beckwith residents and other students. International outreach efforts are being developed as well, with a new program established in the Center on Health, Aging, and Disability that will support athletes with disabilities from around the world.

This issue of *AHS News* also recognizes the many individuals, foundations, and corporations who have made generous contributions during the past fiscal year. The support of our alumni and friends is critical in accomplishing our goals, and we look forward to your continued involvement. I would like to take this opportunity to invite you back to campus to see the individuals and activities that are featured in the following pages.



**Tanya M. Gallagher**

# AHS

College of Applied Health Sciences  
University of Illinois at Urbana-Champaign

[www.ahs.uiuc.edu](http://www.ahs.uiuc.edu)

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*The University of Illinois at Urbana-Champaign is an equal opportunity, affirmative action institution.*

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*Recreation, Sport and Tourism:* Cary McDonald

*Speech and Hearing Science:* Adrienne Perlman

*Division of Disability Resources and Educational Services:* Brad Hedrick

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David Bobert, BS 1971; Karen Darner, BS 1967, AM 1968; Robin Hall, BS 1966, MS 1975; Laura Kann, BS 1982, MS 1983; Saul Morse, AB 1969, JD 1972; Harold Wimmer, BS 1977, MS 1978

## MANNIE JACKSON GIFT TO PROVIDE ACADEMIC SUPPORT

Fighting Illini legend Mannie Jackson and his wife of 30 years, Cathy, along with their daughters Cassie and Candace, have made a gift of \$2 million to create the Mannie L. Jackson Illinois Academic Enrichment and Leadership Program in the College of Applied Health Sciences on the Urbana-Champaign campus.

The program provides first-generation students and those from under-represented groups with mentorship, academic skill development, career leadership training, and one-on-one support. It is designed to be individualized, comprehensive and academically integrated within the students' programs of study to help ensure completion of their degrees and the acquisition of skills for lifelong success.

Freshmen will enroll in a specially designed course to prepare them for their remaining academic experience at Illinois. Student Outreach Specialists (academic coaches) will provide expertise in critical skills such as resume writing, time management, study skills, business etiquette, and campus and community networking. As students progress, they will have access to leadership and professional development workshops provided at no charge. A key component of this new program is its commitment to building a model program for students throughout the University of Illinois campus.

*“I would like to personally thank Mr. Jackson for his gift to the University of Illinois. His contribution will help this program advance and will help pave the way towards a better future for many University of Illinois students to come. His legacy is one that will always be remembered and appreciated by myself and all others involved in the University of Illinois community.”*

—MELISSA PEDRAZA, SOPHOMORE,  
KINESIOLOGY AND COMMUNITY HEALTH



**During the public announcement of the Mannie L. Jackson Illinois Academic Enrichment and Leadership Program, Governor Vaughn and Mannie Jackson were honored as the first African-American letter winners on the U of I basketball team. Here Governor and Mannie pose with AHS Dean Tanya Gallagher, UI Chancellor Richard Herman, UI President B. Joseph White, and a few of the students who are participating in the new program.**

Mannie Jackson is a 1960 graduate of the College of Applied Health Sciences, has served on the board of directors of six Fortune 500 companies, and is currently chairman of Boxcar Financial Holdings of Las Vegas. A former player for the Harlem Globetrotters, he has been the owner and chairman of the team since 1993. With standout Governor Vaughn, Jackson was one of the first two African-Americans to earn a varsity letter for the Illini basketball team and the first African-American team captain. A plaque in the Assembly Hall honoring their achievements was dedicated before the University of Illinois basketball game on February 2, 2008, along with the public announcement of the Mannie L. Jackson Illinois Academic Enrichment and Leadership Program.

“It is a privilege to name this program in honor of Mannie Jackson, who serves as a wonderful role model of what this program is designed to accomplish,” said Tanya Gallagher, dean of the College of Applied Health Sciences. “It is our goal for the Mannie L. Jackson Illinois Academic Enrichment and Leadership Program to serve not only as a campus resource but also as a state and national model for ensuring that all students who have the interest and ability to earn a college degree can do so.”

## AHS ATHLETE NAMED 2007 PARALYMPIAN OF THE YEAR



University of Illinois student athlete Jessica Galli has been named the 2007 Paralympian of the Year by the United States Olympic Committee.

Galli, a graduate student in community health from Hillsborough, N.J., who holds three world records in women's wheelchair track and field events, is being recognized for her outstanding contributions to Olympic sport and for exemplary sportsmanship and strength of character on and off the field.

In 2000, she participated in her first Paralympic Games in Sydney, Australia, bringing home a silver in the 800-meter competition. She competed again at the 2004 games in Athens, Greece. With the assistance of her DRES wheelchair track and road racing coach, Adam Bleakney, she is now preparing for the 2008 games, which will be held this summer in Beijing.

"This is a wonderful honor for Jessica, and we are especially proud of her accomplishments," said Tanya



Gallagher. "Her recognition as Paralympian of the Year reflects a long tradition by the University of Illinois and the College of Applied Health Sciences of supporting persons with disabilities both inside and outside of the classroom."

## INTERNATIONAL DISABILITY SPORT OUTREACH PROGRAM



Jean Driscoll, far left, with the Ghanaian athletes, flanked in the back row by Dr. Timothy Nugent, Ghanaian Coach Caesar Dzikunu, Dean Tanya Gallagher, and U of I President B. Joseph White.

A new program in the College of Applied Health Sciences will support social change in countries where the opportunities for persons with disabilities have not previously existed. By encouraging participation in sports, the International Disability Sport Outreach Program will encourage transformational changes that will benefit all individuals with disabilities. The program began with Jean Driscoll, associate director of development in the College of Applied Health Sciences, when she recognized a need for international support after teaching wheelchair track camps in Ghana, West Africa. This year, thanks to gifts from Royal Caribbean Cruise Lines and the University of Illinois President's Office, she was able to bring athletes from Ghana back to the U.S. to train with the University of Illinois wheelchair track and road racing team. To ensure that these efforts will continue to grow, the College of Applied Health Sciences has established a fund to support the International Disability Sport Outreach Program as an outreach effort of the College's Center on Health, Aging, and Disability.

## DRES LEADS THE WAY WITH ACCESSIBLE WEB TECHNOLOGY

The Division of Disability Resources and Educational Services (DRES) recently received a \$50,000 Mellon Award for Technology Collaboration for taking assistive technology to the next level. Over the next year, Jon Gunderson, director of IT Accessibility at DRES, will lead a team in developing and releasing an accessibility extension for the Mozilla Firefox web browser. The Firefox Accessibility Extension enables the features of the open source Firefox to support people with disabilities and web developers trying to evaluate the functional accessibility features of their website.

“It’s been available for two years,” Gunderson said, “but the Mellon Grant will help us add new features, such as color contrasting and better reporting.” The features of the new extension allow developers to create and monitor Web content for ease of accessibility for users with disabilities. Receiving this grant will allow the project to hire paid programmers in addition to the student programmers already working on the project.

Gunderson said he hopes the extension will include support for new specifications from the World Wide Web Consortium, an Internet regulatory board, as well as new regulations passed by the state legislature on Internet accessibility.

“The extension will have a reporting feature which will allow the developers to see the compliance with the new



**Hadi Bargi Rangin (right), software development specialist at DRES, accepted the Mellon Award on behalf of the University of Illinois.**



**Jon Gunderson**

Illinois Technology Accessibility Law that all state agencies are required to comply with,” he said. “The tool will make it easier for people to see if their pages are accessible enough.”

The prize was awarded by the Andrew W. Mellon Foundation, an organization that seeks to award open content initiatives, which are programs that allow free access to information and encourage collaboration.

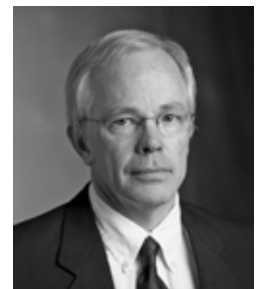
## “NEW INVESTIGATOR AWARD” FOR SHS STUDENT

Georgia Malandraki, a doctoral student in the Department of Speech and Hearing Science, won first place in the New Investigator’s competition at the Dysphagia Research Society annual meeting held recently in Charleston, South Carolina. Georgia’s research presentation was titled “Neural Activation of Swallowing and Swallowing-Related Tasks in Healthy Young Adults.” Pictured with Georgia are her advisors, Dr. Adrienne Perlman of the Department of Speech and Hearing Science, and Dr. Brad Sutton of the Department of Bioengineering.



## KING JAMES MCCRISTAL WINNER

Established in 1988 in honor of a former AHS dean, the King James McCristal Distinguished Scholar Award recognizes faculty excellence for significant contributions in research, teaching, service, humanitarianism, administration, and advising. Recipients’ names are added to a permanent plaque displayed at the AHS Library and receive a cash award.



Dr. Les Carlton, professor in the Department of Kinesiology and Community Health, was the 2007 recipient of the King James McCristal Distinguished Scholar Award. Dr. Carlton’s research focuses on the nature of hand movement control. He has also served as associate head for academic affairs in the department for the past seven years. Congratulations, Dr. Carlton!

# COLLEGE CELEBRATES 50TH ANNIVERSARY

More than 300 alumni, faculty, staff, and friends attended the College of Applied Health Sciences' 50th Anniversary celebration during the weekend of October 26–28, 2007. With a theme of "Looking Forward Through Our Past" activities included departmental open houses, a pre-game tailgate, wheelchair basketball, an anniversary gala, and recognition of the first Distinguished Alumni Awards in the College of Applied Health Sciences. Additionally, the Harold Scharper Award, which recognizes high-achieving individuals with disabilities, was incorporated into the college program. Alumni traveled from throughout the United States to attend the celebration, and as the photographs show, the events were enjoyed by all! To see more anniversary photos, go to [www.ahs.uiuc.edu/anniversary/photos.htm](http://www.ahs.uiuc.edu/anniversary/photos.htm)

## CONGRATULATIONS TO THE FOLLOWING INDIVIDUALS WHO WERE RECOGNIZED AT THE ANNIVERSARY GALA:

### AHS DISTINGUISHED ALUMNI AWARDS

#### C. Alvin Bowman, PhD '79

Speech and Hearing Science  
President, Illinois State University  
Normal, Illinois

#### Ann E. Cody, MS '92

Recreation, Sport and Tourism  
Director of Partnerships and Public Policy,  
BlazeSports America  
Washington, DC

#### Rainer Martens, PhD '68

Kinesiology  
Founder and President, Human  
Kinetics, Inc.  
Champaign, Illinois

#### Douglas A. Michels, BS '78

Community Health  
President and Chief Executive Officer,  
OraSure Technologies, Inc.  
Bethlehem, Pennsylvania

### HAROLD SCHARPER HUMANITARIAN/SERVICE AWARD

**Clifford D. Crase, Jr.** (awarded  
posthumously)  
Editor/Publisher, *Paraplegia News*  
Senior Editor, *Sports 'N Spokes*  
Phoenix, Arizona

### HAROLD SCHARPER ACHIEVEMENT AWARD

#### Gerald W. Kortness, BA '65

Architecture  
President, G.W. Kortness and Associates, Inc.  
Spooner, Wisconsin

## DEPARTMENTAL AWARDS

### CHARLES K. BRIGHTBILL DISTINGUISHED ALUMNI AWARD IN RECREATION, SPORT AND TOURISM

**William C. Walters, BS '64, MS '67**  
Regional Director (retired), National Park Service

### KINESIOLOGY AND COMMUNITY HEALTH DISTINGUISHED ALUMNI AWARD

**Kirk Cureton, MS '72, PhD '76**  
Professor and Head, Department of Kinesiology, University of Georgia

### SPEECH AND HEARING SCIENCE DISTINGUISHED ALUMNI AWARD

**Dean Garstecki, PhD '74**  
Professor, Department of Communication Sciences and Disorders, Northwestern University



Front row: Gerald Kortness, Ann Cody. Back row: Al Bowman, Nancy Crase (widow of Cliff Crase), Dean Tanya Gallagher, Rainer Martens, Douglas Michels.

# AHS 50 YEARS



(above) Dean Tanya Gallagher and Bill Bock.



(right) Ray and Linda Whitney with Tim Nugent. (below) Former deans Kenneth Clarke and Robin Herron with Tanya Gallagher.



(left) Walt Johnson, Don Wirth, and Rich Grodsky. (below) Music was provided by the New Orleans Jazz Machine.



Kyle Ebersole and family and Karen Lehl-Morse and family.



(left) Anjali Forber-Pratt and Bob Szyman



Emily Eiten, Jill Scholl, and Emily Parrott.

Photos by Josh Birnbaum

# BATTLEFIELD HELMETS TRANSMIT BLAST INJURY DATA

By Melissa Mitchell, UI News Bureau

University of Illinois researchers are pooling their knowledge of health sciences and engineering on a project that ultimately could benefit combat soldiers who've received serious—but often immediately undetectable—blast-related brain injuries.

The project will focus on the use of the latest communications technology to transfer real-time blast-injury data to first responders. Leading the investigation is Kenneth

Watkin, a professor of speech and hearing science in the College of Applied Health Sciences who also holds appointments in the U. of I.'s Beckman Institute and Information Trust Institute, and Ravi Iyer, the director of the College of Engineering's Coordinated Science Laboratory and ITI chief scientist.

The research was funded recently through a Concept Award from the U.S. Department of Defense Post-Traumatic Stress Disorder/Traumatic Brain Injury Research Program of the Office of Congressionally Directed Medical Research Programs. Over the course of the next year, the researchers plan to develop and test an integrated system, which will include a modified battlefield helmet retrofitted with “smart nanotechnology sensors” designed to record the effects of blast

injuries in real time. The system will be configured to record and analyze a variety of data on the helmet-wearer's physical condition, then upload that information to first responders or field-hospital personnel using small cell-phone-like devices.

“What we're doing is actually physically monitoring systemic variables of soldiers in the battlefield, embedding our sensors within the helmet,” Watkin said. “We'll gather baseline data as they're going about their regular daily business. But once a big pressure wave is recorded, all of the recordings will begin in real time to look at the response in the brain—to look at changes in oxygen in the blood, heart rate, those types of systemic variables that can give us a key that something is happening to the person.”

An important consideration being factored into the design of the system is its overall size and weight.

“We want to make the sensors small,” Watkin said. “We're very sensitive to the fact that today's soldier carries around a lot of weight, related simply to electronics.”

He noted that the U.S. Army does have some sensor-equipped helmets in use today in Afghanistan, but they only record results every 30 days, significantly limiting their effectiveness.

“There's no continuous recording,” Watkin said. “And that's really the key for (detecting and treating) traumatic brain injury. That's the real important part of this development.”

Large numbers of soldiers are returning from combat with a variety of physical and behavioral complaints ranging from anxiety and irritability to headaches, memory loss and aphasia—classic characteristics of TBI. The underlying cause has been masked, Watkin said, because not everyone who experiences a blast injury registers it as “significantly perceptible event.”

“You can be on the battlefield and sustain some potential injury and not really know it,” he said. “Sometimes they don't occur until hours or even days afterward.” Besides problems that can be caused from undetected brain hemorrhaging, cognitive impairment can lead to potentially negative outcomes.

“If you're in active combat and your brain's not working quite the way it should, mistakes are made,” Watkin said.

“And the problem in field hospitals is, it's difficult to identify these folks early on. You're dealing with all kinds of really severe traumas, so individuals with potential brain injury are not identifiable quickly and easily in the battlefield. So, we're proposing to integrate all of our recording methods to come up with a method to identify these people early on. Simple. Quick. Easy for battlefield personnel.”

Watkin, who is leading research in the health theme area of the College of Applied Health Sciences' recently organized Center on Health, Aging and Disability, regards the work as “a beautiful example of how those of us on the health, aging and disability side, when we work directly with colleagues in engineering, can do some interesting and significant translational research.”

While Watkin brings his knowledge of brain functioning, physiological monitoring and biomedical engineering to the project, the electrical and computer engineers are contributing the technological know-how.

“Our role in this project is to create the impact sensors that allow the helmet to relay critical information to first responders in real-time,” Iyer said. “In order to accomplish this task, we are creating hardware and software that can accurately and quickly measure the force of blasts and the body's coordinating response. More specifically, we will develop a small-footprint, low-power hardware computing platform.”

Iyer said the system design will be based on “embedded processors, such as ARM, and will include compact memory to enable code download and data storage.” Two types of external interfaces will be provided: wired link—using flex material—to support connectivity with sensors,



Photo by L. Brian Stauffer

**Kenneth Watkin, left, and Ravi Iyer have developed communications technology that will transfer real-time blast injury data to first responders. They plan to develop and test an integrated system, which will include a modified battlefield helmet retrofitted with “smart nanotechnology sensors” designed to record the effects of blast injuries in real time.**



# SPEECH AND HEARING SCIENCE CLINIC WISH LISTS

The following list contains items needed in the Speech-Language Pathology Clinic and Audiology Clinics.

To fund one of these items send your contribution to the University of Illinois Foundation, P.O. Box 3429, Champaign, IL 61826-9916. Checks should be made payable to “UIF/Speech and Hearing Science Clinic.” Please indicate the item(s) you wish to purchase on the check. If the item you request has already been acquired, a similar item will be purchased. For additional information regarding making a gift, contact Sara Kelley at the College of Applied Health Sciences Office of Advancement.

## SPEECH-LANGUAGE PATHOLOGY WISHLIST

- ▶ Play table (for waiting room area) . . . . . \$250
- ▶ Computer software (therapy related) . . . . . \$100–150
- ▶ Adult therapy materials. . . . . \$35–\$100
- ▶ Otoscope . . . . . \$99
- ▶ Water cooler . . . . . \$200
- ▶ Kitchen supplies for functional therapy room (mixing bowls, pots & pans, cooking utensils) . . . . . \$50–100
- ▶ Professional framing for hallway artwork. . . . . \$100–\$500
- ▶ Coat tree for waiting area . . . . . \$100
- ▶ Updated CSL computer equipment & software . . . . . \$1000–3000
- ▶ Individual voice recorders . . . . . \$60–99 each

## AUDIOLOGY CLINIC WISH LIST

- ▶ Otoscopes . . . . . \$99 each
- ▶ CD player . . . . . \$300
- ▶ Laptop computers . . . . . \$1200 each
- ▶ Portable DVD wide screen player . . . . . \$200
- ▶ DVD hearing conservation and safety videos . . . . . \$200
- ▶ Middle ear analyzer . . . . . \$6000
- ▶ TV infrared system . . . . . 200
- ▶ Hands-free amplifier for mobile phones . . . . . \$110
- ▶ Westone Practice Ear . . . . . \$85



**The Speech-Language Pathology Clinic has moved to a new location in the Research Park, where it shares facilities with the Chesterbrook Academy. In addition to the services already provided, the conveniently-located, state-of-the-art site will facilitate best practice in the area of speech-language therapy for adults and children.**

## BATTLEFIELD HELMETS, CONTINUED

and wireless link—using communications technologies such as Bluetooth—to support data communication. An important task in providing a robust processing unit will be the development of the resident software for the sensors,” Iyer added.

While the initial project research and development will focus on a system designed to benefit soldiers in combat situations, the researchers envision a range of alternative uses for the technology.

“What we’re doing with the Army here may end up being something that’s adopted by neurological intensive care units as one way of monitoring a person’s status,” Watkin said.

“Or, say you have a seizure disorder while driving ... if you had wireless devices that said, ‘Wow, you’re having a

seizure, your car, through OnStar, could just literally slow down.” And, he said: “I worry about people on motorcycles. If there’s something that’s built in and automatic that stays with the helmet, a first responder would know what’s happened to the individual in an accident setting.”

Other applications include integrating such systems—along with global positioning technology—into the helmets of civilian first responders. For instance, if a firefighter experienced oxygen failure while deep within a smoke-filled building, that information could be relayed back to a home base.

“These types of systems have great potential for saving lives in a number of situations,” Watkin said.

Private gifts play a critical role in our ability to enhance teaching, research, and outreach programs within the college that impact not only our students but also the health and wellness of our society. We are pleased to recognize those who have contributed to our progress during the fiscal year ending June 30, 2007. An asterisk designates members of the Chancellor's Circle during this time period.

Although every effort is made to ensure accuracy, errors may occur. If we have omitted your name or listed your name incorrectly, please contact the Office of Advancement, College of Applied Health Sciences, 1206 South Fourth Street, Champaign, IL 61820; telephone (217) 244-6600.



THE CAMPAIGN FOR THE  
UNIVERSITY OF ILLINOIS

## PRESIDENTS COUNCIL MEMBERS

*The College of Applied Health Sciences recognizes members of the University of Illinois Foundation Presidents Council for their commitment to strengthening the University's excellence. We are truly grateful to the following Presidents Council members who have provided significant lifetime contributions to the University and the College of Applied Health Sciences through gifts of endowment and to those who supported the College July 1, 2006–June 30, 2007, with an annual fund gift of \$100 or more. The word "new" following a person's name designates a new member of the Presidents Council.*

### The Laureate Circle

*Members who have subscribed one million dollars or more*

\*William A. Chittenden II and Carol L. Chittenden  
Chester W. and Nadine C. Houston  
\*Mannie and Cathy Jackson (*new*)  
\*Shahid R. Khan and Ann Carlson Khan  
Kim C. and Michelle Pollock

### The Pentad Circle

*Members who have subscribed five hundred thousand dollars or more*

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\*Robert E. and Kay E. Merrick  
Ruth L. Sandall  
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Gerald A. and Nancy C. Spinner  
Charles G. and Kay E. Stenberg

### The Centuria Circle

*Members who have subscribed one hundred thousand dollars or more*

\*Edward W. Collins and Doris Strickland-Collins  
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\*Morris L. Hecker Jr. and Martha Z. Hecker (deceased)  
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Lynda L. Koopman  
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Adeline "Jo" Puccini (*new*)  
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Nicholas Falzone and Sally Peterson Falzone (*new*)  
Thomas C. and Clarissa Adams Goad (deceased)  
Burriss F. Husman  
\*Rainer and Julie S. Martens  
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\*William E. and Margarite D. Stallman  
Ann Schneider Walters and William C. Walters  
David R. and Susan D. Weigandt

### The Membership Circle

*Members who have subscribed fifteen thousand dollars or more*

Sybil Smiley Adelson and Benedict J. Adelson  
Joseph J. and Ann C. Bannon  
\*Michael J. and Jeanne Bemis  
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Jean L. Driscoll  
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\*Thomas L. and Sonja Goodale (*new*)  
Tanya M. Gallagher and Kenneth L. Watkin  
Richard D. and Teresa H. Grodsky  
\*Robin R. and Barbara Danley Hall  
Ryan J. and Breanne M. Harms  
Edward W. Harvey  
Joseph Allen Hemphill  
Annelis Strange Hoyman (deceased)  
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 George A. and Kathleen D. McConaghy  
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 Audrey Kramer Mottier  
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 Michael S. and Sally L. Pope  
 Linda Obenauf Porterfield and H. William Porterfield  
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 E. Eugene and Janann D. Vance  
 Agnes Radich Vidovic  
 John B. and Ruth E. Weaver  
 \*Raymon F. Whitney and Linda Ayers Whitney (*new*)  
 Carrie Elizabeth Wilson  
 Janie G. and Ehud Yairi  
 Robert T. and Barbara S. York

## DEAN'S CLUB

*The following individuals are recognized as members of the Applied Health Sciences Deans Club with gifts of \$100 to \$1000+ July 1, 2006–June 30, 2007.*

### Gold Chapter

*\$1,000 and over*

Jean M. Anthony  
 Mark F. Arbeen  
 Rita N. Buczyna  
 James A. Busser and Cynthia P. Carruthers  
 Lawrence E. Castle  
 Ann E. Cody  
 F. Patricia Cullen (deceased)

## CHANCELLOR'S CIRCLE

The Chancellor's Circle is a new program that joins the Presidents Council as one of the University's most prestigious donor recognition societies. It reinforces the important role of annual giving in our University's ongoing strength and success. By honoring donors who give \$2,500 or more in a single fiscal year (July 1–June 30), the Chancellor's Circle encourages leadership-level annual support.

Gifts to the university during a fiscal year, including one-time major gifts; payments on open pledges; gifts made through a payroll deduction plan; annual fund gifts; gifts to public radio, the arts, and athletics, etc. all count toward membership in the Chancellor's Circle.

Members of the Chancellor's Circle during the fiscal year ending June 30, 2007, are designated with an asterisk. Thank you for your support!

Delores M. Curtis  
 Kristine G. and Patrick J. Devine  
 \*Joel H. Farkas  
 Richard J. and Anita L. Feltes  
 \*Larry and Laura G. Gerber  
 Charles E. and Joyce Wright Hartsoe  
 \*Karen A. Hasara  
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*“This scholarship helps reaffirm my beliefs  
 that Kinesiology and AHS are where I  
 belong. Knowing that someone outside  
 of my immediate family has faith in  
 me and my goals gives me strength to  
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*“The monetary gift is generous, and the value of the award extends well beyond that. The award brings to me a greater sense of pride in the work I have done as a graduate student and it reassures my commitment to a career as a research scientist.”*

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*“It is an honor to be recognized  
 for my hard work, and receiving  
 this scholarship motivates me to  
 continue to strive for excellence. I  
 look forward to being able to give  
 back to the community once I begin  
 my career. I also thank you for  
 your confidence and willingness  
 to help me achieve my goals.”*

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*“Matthew was a great contributor to the community, and I am honored to be following in his footsteps. As an aspiring lawyer, I too have great hopes of helping those in need.”*

—COSTA LUKE NIKOLAIDES,  
MATTHEW ODELIUS AWARD

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*“I have especially enjoyed the hands-on experiences I have had, including a pre-practicum placement at an elementary school and serving as a senior clinician this semester. It is through these experiences that I have grown to fully recognize my passion to serve as a speech–language pathologist. I cannot thank you enough for helping me along this journey.”*

—LISA TRIEZENBERG, FRANCES L. JOHNSON STUDENT AWARD

## O'NEILL LECTURE TO FOCUS ON COCHLEAR IMPLANTS



Dr. Michael Novak, otologist and medical director of the Carle Echo Program, and Dianne Hammes, Speech-Language Pathologist at Carle Foundation Hospital in Urbana will be the keynote speakers for this year's John J. O'Neill Lecture sponsored by the Department of Speech and Hearing Science. The lecture will be held at the Carle Forum, Friday, March 28. The keynote lecture (offered for 2.0 ASHA CEUs) is scheduled to begin at 10 a.m. and will focus on research findings for children and adults using multichannel cochlear implants.

## GROUNDBREAKING FOR NEW BECKWITH FACILITY

Groundbreaking for a Beckwith wing as part of a new University housing complex took place last October. Located within one block of Huff Hall, this new residence hall will provide a much-needed upgrade to Beckwith's physical facilities while also facilitating greater interaction among Beckwith residents and other students. Since 1982 Beckwith has served as the primary residence for students with severe disabilities who require the support of personal assistants for daily living activities.



## NEW DEGREE FILLS CRITICAL NICHE

National and state demographic trends predict increases in the number of older individuals and persons with disabilities for the foreseeable future. One of the consequences of these demographic shifts is a substantial increase in the need for public health services and for the advancement of the knowledge base underlying the delivery of those services. According to the U.S. Department of Labor, public health professions will experience substantial growth between now and 2014, with a growth rate of 18–26% during that time period.

To meet that need, the Department of Kinesiology and Community Health will begin offering a Master of Public Health degree program in fall 2009 that will emphasize issues related to rural public health and prevention and public policy research and will build on existing strengths in the areas of:

- ▶ community health
- ▶ physical activity and health
- ▶ healthy aging, prevention, and health
- ▶ rehabilitative aspects of disability
- ▶ health impact of communication disorders
- ▶ healthy communities

### CORRECTION:

The timeline that appeared on pages 6–7 of the Fall 2007 issue of *AHS News* had some inaccuracies that we'd like to correct and clarify. Larry Allen served as head of the Department of Leisure Studies from 1986–1989. Also, the name of the Department went through a number of variations. From 1957 to 1967, it was the Department of Recreation and Municipal Park Administration. From 1967–1975, it was the Department of Recreation and Park Administration.

Two individuals from the Department of Speech and Hearing Science were not recognized for their time as department head. Elaine Paden was department head from 1979 to 1981, and Kenneth Anderson served as head from 1986 to 1988.

## MCAULEY INVESTED AS KHAN PROFESSOR

Dr. Edward McAuley, professor of Kinesiology and Community Health, was appointed the first Shahid and Ann Carlson Khan Professor in an investiture ceremony held October 5, 2007, in Huff Hall. McAuley's appointment marks the first of five professorships for the Center on Health, Aging, and Disability made possible by the generous donation from Shahid and Ann Carlson Khan.

McAuley is a leading scholar in kinesiology whose research relates to behavioral health interventions as they relate to

*“The scholarship being conducted by faculty in the College of Applied Health Sciences is and will continue to contribute to changing lives across the age spectrum, across health disparities, and across levels of disability. The Khan Professorships quite simply represent the fundamental building blocks for our ‘brilliant future’ in these important scientific and societal issues.”*

—PROFESSOR EDWARD MCAULEY



Shahid Khan, Ann Khan, Edward McAuley, Chancellor Richard Herman, and Dean Tanya Gallagher.

physical activity and aging. He has been a faculty member in the University of Illinois Department of Kinesiology and Community Health since 1989 and has been recognized for his scholarly expertise on a national and international level, including election to the prestigious American Academy of Kinesiology. At the campus level, he has been the recipient of both the Campus Award for Excellence in Undergraduate Teaching and the Campus Award for Excellence in Guiding Undergraduate Research and has been named a University Scholar.

## NEW SPEAKERS SERIES CONNECTS STUDENTS AND ALUMNI

This past semester marked the beginning of a new program in the College of Applied Health Sciences that will further help students reach their career goals. The Alumni Speaker Series connects current students with alumni, and offers topics ranging from business etiquette and networking to entrepreneurship and leadership. The series was designed to incorporate all disciplines in the College and to provide students with valuable real-world advice and insight.



Libby Dodds Ashcraft (BS '99, RST); Ron Barger (BS '77, KCH), and Nik Lapin (BS '03, RST) were panelists at the September Speakers Series on Business & Entrepreneurship.

## SMOKING BANS: Q&A WITH PROFESSOR TOM O'ROURKE



On Jan. 1, 2008, Illinois joined a growing list of U.S. states that ban cigarette smoking in public places. The Illinois Smoke-Free Act prohibits smoking inside workplaces, restaurants and bars, as well as within 15 feet of entrances to public establishments. Tom O'Rourke, an emeritus professor of community health, along with community health student Jenna Stahl, analyzed data for a study that considered the extent to which smoke-free ordinances and cigarette taxes affect people's smoking behavior. O'Rourke recently discussed research results with Melissa Mitchell of the UI News Bureau.

*It seems as though fewer people are lighting up already these days—in public or in private. True?*

There have been significant declines in smoking nationwide. In 1965, half of the men and one third of the women were smokers. By 2003, that number was 23 percent of the men and 19 percent of women. Among the states today, there are wide ranges in smoking rates—from a low in Utah, at about 11 percent, to a high of 28 percent in Kentucky. The average across the country is 21 percent of the adult population, that is, people 18 and over.

*It's easy to understand how hikes in cigarette taxes, passed along to the consumer through higher per-pack prices, would ultimately cause some people to quit smoking. Does smoke-free legislation result in similar reductions?*

We found that both taxes and smoke-free ordinances seem to have an impact. Taxes appear to have more of an impact. Taxes and smoke-free combined have an additive impact. Smoke-free is not geared to reduce the number of smokers but to protect people from the effects of second-hand smoke. However, by reducing the opportunities to smoke, it may encourage some smokers to quit. In that sense, I call it a synergistic effect. The social norms, the social pressure, the reduced opportunity plus the money ... it makes sense that one's going to add onto the other.

*Do states see a noticeable reduction in the smoking rate when cigarette taxes are boosted or when bans are implemented?*

There are higher smoking rates in low-tax states, and lower smoking rates in high tax states. Similarly, but not as apparent, smoke-free legislation has an effect, but not as strong. For example, if you take low-tax states and look at it, there is a difference of about 4½ percentage points in the percent of people who smoke. But that translates into a 17 percent drop in the smoking rate when you compare states that have low taxes and low smoke-free to low taxes and high smoke-free. So smoke-free appears to have an impact. But where you see the major impact is if you look at low taxes and low smoke-free states compared to those with high taxes and high smoke-free policies. You'll see a difference of about 6½ percent of the smoking population. But that translates into a 24 percent reduction in the overall smoking rate.



*By January 2008, how many states will have state-wide smoking bans on the books?*

This is a moving target. All 50 states and the District of Columbia have laws/policies restricting smoking in certain places. By Jan. 2008, 19 states, including Illinois and D.C., will be 100 percent smoke-free. That is, they prohibit smoking in almost all public places and workplaces, including restaurants and bars. Montana and Utah prohibit smoking in most public places and workplaces, including restaurants; bars will go smoke-free in 2009.

The overall trend is clear. Expect more states to go 100 percent smoke-free or, at least, to strengthen their smoke-free laws/policies. Also, interestingly, no state that has gone 100 percent smoke-free has gone back in the other direction. Smoke-free policies enjoy widespread public support—usually by a substantial number of smokers.

*Does the legislation differ much from state to state?*

Yes. For example, besides the 19 smoke-free states, four—Florida, Idaho, Louisiana and Nevada—prohibit smoking in most public places and workplaces, including restaurants, but exempt stand-alone bars. Fifteen states partially or totally preempt local communities from passing smoke-free air ordinances stronger than the statewide law. Across the country now (end of 2007), 60 percent of the population is protected by some smoke-free ordinance. That works out to about 42 percent of workplaces, 56 percent of restaurants and 44 percent of bars.

*Opponents of smoke-free legislation frequently protest that the laws cause businesses to suffer or even go under. Is there any validity to that claim?*

Not really. There have been numerous studies regarding the economic impact of smoke-free ordinances. In some cases, there has been a slight drop immediately, but within three, or certainly six, months, there's nothing to indicate that sales are down. Often, as measured by food and beverage sales tax receipts, there is a positive effect—they're doing more business. Opponents point to the fact that some businesses like bars or restaurants go out of business, but they don't show that some bars or businesses are going to go out of business anyway.

## ALUMNUS MODELING ACADEMIC PROGRAM AT TOKAI UNIVERSITY

Dr. Hitoshi Nishino (PhD '97, RST), dean of the graduate school of physical education at Tokai University in Japan, visited campus this past fall with a group of students who met with Department Head Dr. Cary McDonald, faculty, and staff in the Department of Recreation, Sport and Tourism. Dr. Nishino is developing an academic program at Tokai University that is modeled after the University of Illinois program and is discussing an exchange program between the two universities. Pictured here is Robin Hall, director of the Office of Recreation and Park Resources, Dr. Nishino, and the visiting students from Japan.



## PACE CONFERENCE ADDRESSES PE IN SCHOOLS

The Department of Kinesiology and Community Health and the National Association for Sport and Physical Education partnered this past fall to host a national conference related to facilitating wellness and physical activity across the school curriculum. The target audience included school-based professionals, physical education teachers, classroom teachers, nutritional personnel, and administrators. The conference, which was organized by Kinesiology and Community Health professors Kim Graber, Amy Woods, and Darla Castelli, featured nationally recognized scholars, teachers, and leaders in the field addressing topics that have the potential to change the face of physical education.



## ANNUAL FUND

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*“Supporting my alma mater, and in particular my home department, is something I feel strongly about. With the automatic recurring credit card payment, giving back to the University couldn't be easier. Setting it up was a breeze, and now I take pride in supporting the U of I without having to even think about it!”*

—MADDIE KELLY, BS '78, RST



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## ROSE BOWL 2008

Alumni and friends from the Colleges of Applied Health Sciences, Law, and ACES attended a pre-game Rose Bowl party in East Hollywood. Although the Illini could not pull out a win against the USC Trojans, a great time was had by all of those in attendance.



Kim Pollock and  
John Preston.



Kelly O'Neill and Jillian Kachel.



Laura Gallagher Watkin,  
Judith LeDuc, Ken Watkin, Judi  
Lieberman, Maxine McGinnis,  
Rita Reeves, and Tanya  
Gallagher (seated).



Rachel Francis



(above) Jill Scholl. (below) Walt Johnson, Don Wirth, and  
Judy Wirth.



# JOIN US IN ADVANCING THE MISSION OF APPLIED HEALTH SCIENCES

The College of Applied Health Sciences has long valued the role that you—our alumni and friends—play in achieving its mission. Whether it is advocating our needs to state legislators, offering student internship opportunities, serving on the alumni board, funding scholarships, or simply having an interest in our programs, you have been and continue to be important partners in our success.

As the college has evolved, so have the needs of our alumni. Many, including recent graduates, are seeking opportunities to be more fully engaged with their alma mater. The growth of the college and its focus on health, aging, and disability has also brought additional interest from the media and the larger community, expanding our circle of friends and constituents.

To reflect on these exciting changes in our outreach efforts, the Office of Development and Alumni Relations in the College of Applied Health Sciences is now called the Office of Advancement. This change follows the new terminology used by most University units. It reflects our commitment to offering a fully integrated alumni relations, development, and communications program that will advance opportunities not only for you—our alumni—but also for our students, faculty, and community at-large.

To learn how you can become more involved in the College of Applied Health Sciences, please contact any member of our advancement team:

- ▶ Sara Kelley, Assistant Dean  
sarak@uiuc.edu; 217-244-6600
- ▶ Jean Driscoll, Associate Director of Development  
jdris@uiuc.edu, 217-244-0270
- ▶ Kent Reel, Associate Director of Communications  
kreel@uiuc.edu; 217-244-6127
- ▶ Anjali Forber-Pratt, Graduate Assistant  
forberpr@uiuc.edu; 217-244-6600
- ▶ Kathy Hahn, Secretary  
khahn@uiuc.edu; 217-244-6600



**Front row: Jean Driscoll, Anjali Forber-Pratt.  
Back row: Kent Reel, Sara Kelley, Kathy Hahn.**

## SPRING 2008 EVENTS

March 28 10:00 AM– 12 NOON	John J. O'Neill Lecture, The Forum at Carle Hospital, Urbana
April 11 7:00 PM	Speech and Hearing Science Awards Program, 112 Huff Hall
April 12 9:30 AM	Mom's Day Brunch, Room 114 Huff Hall
April 18 7:00 PM	Recreation, Sport and Tourism Awards Program, 112 Huff Hall
April 25 7:00 PM	Kinesiology and Community Health Awards Program, Levis Faculty Center
May 1 6:00 PM	Delta Sigma Omicron/Adapted Sports Banquet, Hawthorne Suites, Champaign
May 10 9:30 AM	AHS Convocation, Assembly Hall

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