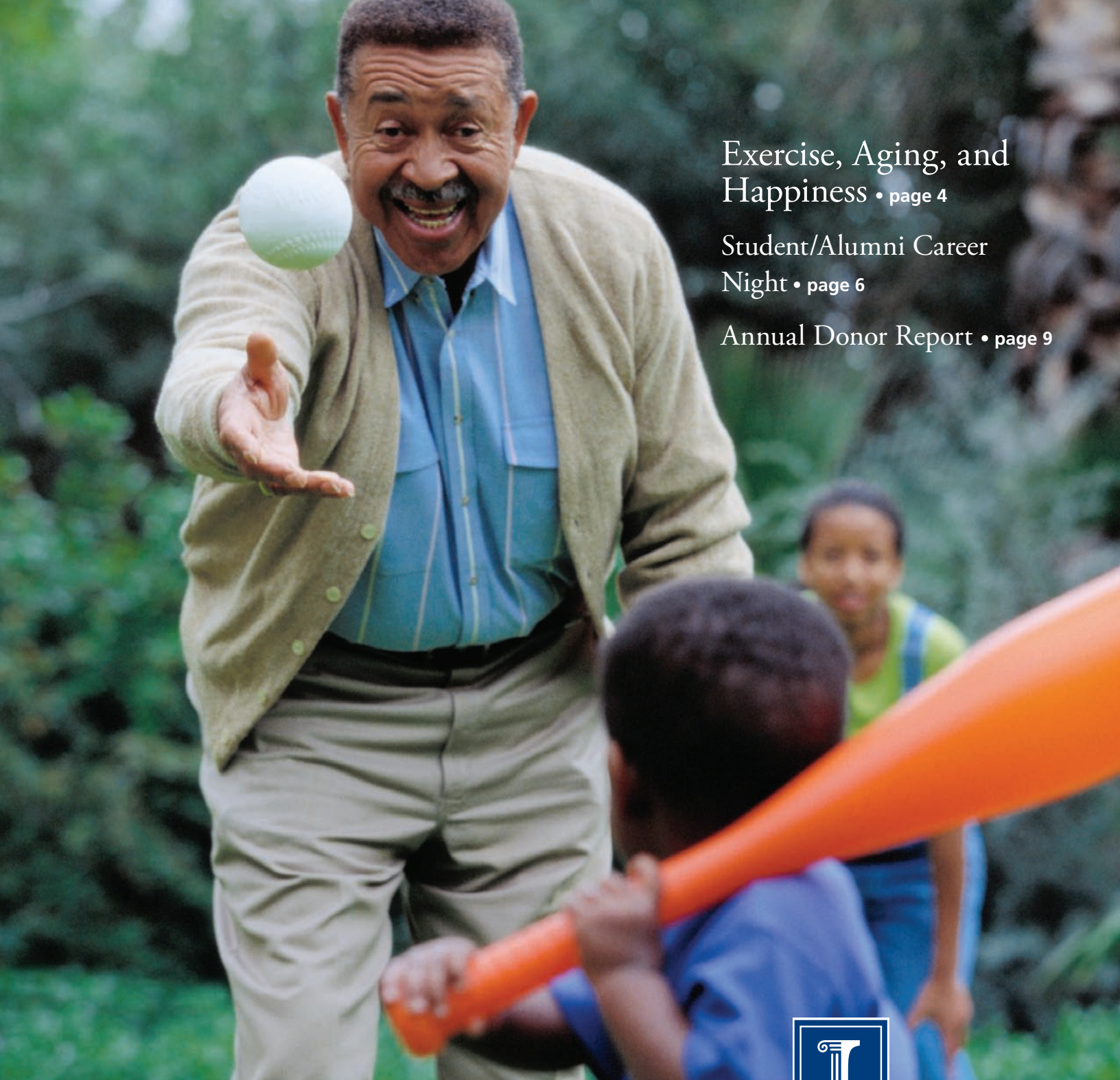


COLLEGE OF

# ALS NEWS

The newsletter of the College of Applied Life Studies at the University of Illinois at Urbana-Champaign



Exercise, Aging, and  
Happiness • page 4

Student/Alumni Career  
Night • page 6

Annual Donor Report • page 9



## A MESSAGE FROM THE DEAN

This issue of *ALS News* recognizes the many individuals, foundations, and corporations who have made generous contributions during the past fiscal year. As you'll see in the following pages, private gifts have allowed us to establish a number of new initiatives, including the Career Development and Leadership Awards Program, supported solely through contributions to our Annual Fund. These programs reinforce our commitment to provide the students in the College of Applied Life Studies with a wide range of opportunities to enrich their educational experiences, grow personally, and make a positive impact on society while gaining valuable real-world experiences that simply cannot be gained in the classroom.

Faculty in the College of Applied Life Studies are positioning themselves to address emerging opportunities as well. The state and nation are experiencing increasing challenges to the quality of life and social well-being of citizens of all ages and abilities as the demographics of the population undergo an unprecedented shift. The number of older people, persons living with disabilities and other potentially life-constraining conditions, and children facing increasing challenges to their health is growing exponentially. As a consequence, the demand for information about how to maintain health and quality of life throughout the lifespan has received increased attention from national and state agencies, foundations, and corporations. An example of this attention is the recent emphasis of federal funding agencies on "translational research" that includes social-behavioral research. This definition is consistent with much of the research currently being conducted in ALS, and the fact that the mission of the College addresses these most critical societal needs has been the basis of much of the College's funding, enrollment, and public outreach growth over the last five years. Our mission and goals also reflect one of the emerging opportunities identified in the University's new strategic plan for the Urbana campus. The Integrated Sciences for Health Initiative will apply Illinois' expertise in several disciplines, including those in ALS, to improve human health. I'm pleased to share that many of the goals outlined in the campus strategic plan reflect the mission and goals of our College as well.

The following pages offer a glimpse of a few of the many applied and translational strategic initiatives in health, disability, and aging across the lifespan that ALS faculty are leading, from research linking exercise and quality of life to studies that explore health care disparities in the African American community. You'll also see how the College's leadership extends beyond research, with articles on an international walking conference hosted by ALS, camps sponsored by our Speech-Language Pathology Clinic, outreach and extension efforts in Recreation, Sport and Tourism, and a new era for Beckwith Hall, a residence hall for students with severe physical disabilities. And, of course, there are profiles of our alumni who have gone on to very successful careers in a variety of fields.

The goals for the future are ambitious and exciting, and the College of Applied Life Studies is positioned to continue as a national leader in promoting our central mission of enhancing the health and well-being of all people. In planning for the future, we will build on the legacy of success provided us by previous generations of faculty, students, staff, alumni, and friends. Your support is critical in realizing our future goals, and we look forward to your continued involvement.



**Tanya M. Gallagher**

# ALS

College of Applied Life Studies  
University of Illinois at Urbana-Champaign  
[www.als.uiuc.edu](http://www.als.uiuc.edu)

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## ALS HOSTS WALKING CONFERENCE

Hundreds of people of all ages participated in a stroll around campus on October 14, 2005, as part of the “2005 Walk Toward Wellness.” The event, which was sponsored by the offices of the Chancellor, the Vice Chancellor for Student Affairs, and the Provost and Vice Chancellor for Academic Affairs, kicked off a campuswide initiative promoting the health benefits of walking and was part of a three-day national conference on walking organized by kinesiology professor Weimo Zhu and hosted by the University of Illinois and the American College of Sports Medicine.



**Above:** Hundreds participated in the campus walk that kicked off the conference.

**Left:** Chancellor Richard Herman and his wife Susan were grand marshals of the campus walk.

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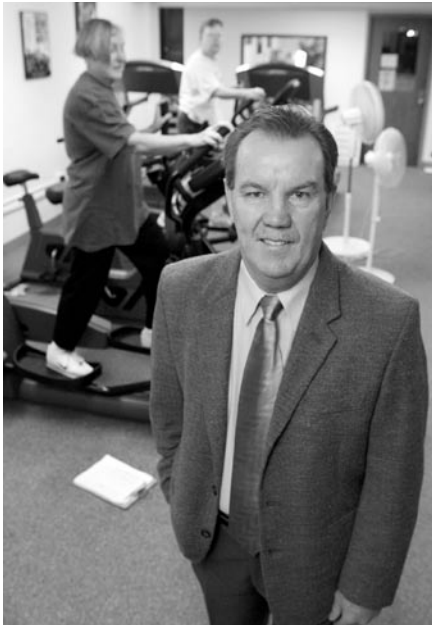
## DISCOVERY CHANNEL FILMS AT U OF I

A Discovery Channel film crew recently visited the University of Illinois at Urbana-Champaign to document the physical and psychological demands of firefighting. Dr. Steven Petruzzello and colleague, Dr. Denise Smith, were interviewed and filmed putting firefighters through a series of physiological and psychological tests during live-fire training drills at the Illinois Fire Service Institute. Dr. Petruzzello is professor of kinesiology and director of the exercise psychophysiology laboratory at the University of Illinois, and Dr. Smith is director of the human performance laboratory at Skidmore College in Saratoga Springs, New York. Dr. Petruzzello has conducted research focusing on the effects of hot, hostile environments on physical activity with particular emphasis on the physiological and psychological aspects of firefighting. The program is scheduled to air on the Discovery Channel in early 2006.



**Professor Steven Petruzzello and his colleague, Dr. Denise Smith, discuss training drills with a firefighter during the Discovery Channel filming.**

# IMPROVING QUALITY OF LIFE THROUGH EXERCISE



**Edward McAuley, professor of kinesiology, led the research team that found that previously sedentary seniors who incorporated exercise into their lifestyles not only improved physical function, but experienced psychological benefits as well.**

*UI News Bureau*

Exercise is a lot like spinach . . . everybody knows it's good for you; yet many people still avoid it, forgoing its potential health benefits.

But researchers who study the effects of exercise on aging point to new findings that may inspire people to get up, get out, and get moving on a regular basis. The research team, led by kinesiology professor Edward McAuley, found that previously sedentary seniors who incorporated exercise into their lifestyles not only improved physical function, but experienced psychological benefits as well.

"The implications of our work are that not only will physical activity potentially add years to your life as you age,

but the quality of those years is likely to be improved by regular physical activity," McAuley said.

Results of the study appeared in an article titled "Physical Activity Enhances Long-Term Quality of Life in Older Adults: Efficacy, Esteem and Affective Influences," published in the current issue of the *Annals of Behavioral Medicine*. Co-authors with McAuley on the report are UI kinesiology professor Robert W. Motl; psychology professor Ed Diener; and current and former graduate students Steriani Elavsky, Liang Hu, Gerald J. Jerome, James F. Konopack and David X. Marquez.

McAuley said the study—which assessed physical activity levels, quality of life, physical self-esteem, self-efficacy and affect in a large sample (174) of adults over age 65—is believed to be the only one to date to examine

the relationship between physical activity and quality of life over such a long time. "Self-efficacy," McAuley noted, can be defined as "the belief, or self-confidence, in one's capacity to successfully carry out a task;" while "affect" refers to reported levels of happiness or contentment.

The researchers found that participants who continued to be physically active a year after baseline responses were recorded—through engagement in leisure, occupational or home activities, such as house-cleaning or gardening—were "fitter, had higher levels of self-efficacy and physical self-esteem, expressed more positive affect and reported, in turn, a better quality of life." Increased physical activity over time, as indicated by results of the five-year follow-up, "was associated with greater improvements in self-esteem and affect. Enhanced affect was, in turn, associated with increases in satisfaction with life over time," the researchers noted.

"Our findings are important on several fronts," McAuley said. "First, we demonstrated that physical activity has long-term effects on important aspects of psychosocial functioning through its influences on self-efficacy, quality of life and self-esteem."

"Second, there is a growing interest in the relationship between physical activity and quality of life, especially in older adults. However, much of this work suggests a direct relationship between the two. Our work takes the approach, and the data support it, that physical activity influences more global aspects of quality of life through its influence on more proximal physical and psychological factors such as affect, self-efficacy and health status."

COVER STORY



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## NEW SPHS FACULTY RECEIVES NATIONAL AWARD



Assistant Professor Laura DeThorne, of the Department of Speech and Hearing Science in the College of Applied Life Studies, has received the 2005 Advancing Academic-Research Careers (AARC) Award from the American Speech-Language-Hearing Association (ASHA). This award is part of the ASHA Focused Initiative on the Doctoral Shortage, and is designed to provide financial incentives to new faculty in higher education by providing

awards to support and facilitate their contributions to academia and research in their beginning careers. Dr. DeThorne will use the award to build collaborations across the areas of child language, stuttering, and genetics. Among other activities, the award will support Dr. DeThorne in taking an advanced course in genetics in London next year. This award follows a New Investigator Award that Dr. DeThorne received from ASHA last year.

## EMERITUS PROFESSOR HONORED FOR RESEARCH CONTRIBUTIONS

As recognition of his contributions to the field of stuttering, Dr. Ehud Yairi, professor emeritus in the Department of Speech and Hearing Science, was named the recipient of the Malcolm Fraser Award for Excellence during the Leadership Conference of the Special Interest Division 4 (Fluency) of the American Speech-Language-Hearing Association in Boston on August 4, 2005.

Dr. Yairi contributed extensively to the research literature on childhood stuttering for more than 30 years. His work has focused on various analyses of speech disfluency, as

well as the onset, development and genetics of stuttering. His work was made possible, in large part, through federal research funding that exceeds \$7 million dollars during the past twenty years. A prolific author, he has authored or co-authored 6 chapters, almost 70 research articles in prestigious peer-reviewed journals, and, most recently, a book on the nature of early stuttering. Though now retired from active teaching and research, Dr. Yairi's contributions to the field continue to grow because of the lasting legacy he gives us in the form of his many talented students. Congratulations, Dr. Yairi!



## MCCRISTAL AWARD RECOGNIZES RESEARCH ON HEALTH CARE DISPARITIES

Established in 1988 in honor of a former ALS dean, the King James McCristal Distinguished Scholar Award recognizes faculty excellence. The 2005 recipient is Kinesiology and Community Health professor, Dr. Reginald Alston. Dr. Alston was presented with a plaque and monetary award on August 23, 2005, by Dean Tanya Gallagher at the fall faculty meeting. He followed with a lecture entitled "Disability in the African American Community: Rehabilitation and Health Care Disparities."

Dr. Alston's research on health disparities focuses on the high incidence of and death rates from prostate cancer among African American men. Central to his research is the assertion that screening can improve survival for African American men with prostate cancer. In particular, he has developed a prostate cancer screening model based on the theory of reasoned action and principles of persuasion theory. The model is designed to induce early detection examination by uncovering facilitating factors to prostate cancer screening intention and behavior. Currently, Dr. Alston is conducting focus groups with asymptomatic African American men to refine the components of the model before large scale field studies are conducted. Dr. Alston's teaching and research focuses on multicultural factors in rehabilitation, rehabilitation education, disability, and health care policy. He is committed to public outreach and involved with numerous local, state, and national health organizations. Dr. Alston's name will be added to a permanent plaque displayed at the ALS Library. Join us in congratulating Dr. Alston on this well-deserved honor!



**Dr. Reggie Alston is presented the McCristal Award by ALS Dean Tanya Gallagher.**

## ILLINOIS SENIOR WELLNESS INITIATIVE NAMED OUTSTANDING PROGRAM

The Illinois Senior Wellness Initiative (ISWI), a program associated with the Illinois Rural Recreation Development Project (IRRDP), was recently recognized as the Outstanding/Innovative program offered by University of Illinois Extension. The Illinois Senior Wellness Initiative is a component of the Healthy Rural Communities Project, and is designed to help seniors take active roles in maintaining their overall health and well-being.

To achieve this program goal, the IRRDP staff—led by Dr. Laura Payne and Anna Schuetz in the Department of Recreation, Sport, and Tourism—organize annual wellness conferences for teams of older adults from 13 rural Illinois communities. After the conference, each team from a rural community received a \$500 stipend from the Healthy Rural Communities Project. The purpose of the stipend is to encourage the teams to develop sustainable community wellness projects that promote healthy lifestyles for older adults. For more information about this and other programs, visit the IRRDP website at <http://www.ilruralrec.uiuc.edu>.

## CAREER NIGHT LINKS STUDENTS AND ALUMNI

The College of Applied Life Studies will once again host the ALS Student/Alumni Career Night on March 30, 2006, at the Levis Faculty Center. Alumni from all units in the College will return to campus to meet with current students to share advice about career options.

Harold Wimmer (BS '77; MS '78), president and CEO of the American Lung Association of the Upper Midwest and a member of the Applied Life Studies Alumni Board, has participated in Career Night for the past several years. "As a member of the College of Applied Life Studies' Alumni Board, I am fortunate to meet many of today's outstanding students through events such as Alumni Career Night," shared Harold. "In my capacity at the American Lung Association, I have been able to benefit from their expertise and professionalism by offering student internships or employment opportunities within our organization. They share my commitment to make a difference in today's public health movement."

### INTERNSHIP AND PRACTICUM EXPERIENCES ABUNDANT IN ALS

One of the benefits of Career Night is the opportunity for students to arrange internships and other practical experiences with potential employers. While classrooms, instructors, and books are the common standards believed to be vital to higher education, a

*"Career Night is a great program that gives ALS students a chance to network with alumni in their fields of study. I heard Harold Wimmer speak at the 2005 program, and was so struck by his passion for his job that I approached him afterward and gave him my resume. This connection led to an interview a few months later and, ultimately, to a job working at the American Lung Association."*

SIOBHAN DOWNES, 2005 COMMUNITY HEALTH GRADUATE, DEVELOPMENT ASSOCIATE FOR AMERICAN LUNG ASSOCIATION OF ILLINOIS



**Kendra Clark recently completed an internship with Give Kids the World, a not-for-profit foundation in Florida that provides vacation and entertainment opportunities for children with life-threatening illnesses and their families.**

wealth of information can be learned from practical work experience as well. Most of the degree programs in the College of Applied Life Studies require practicum or internship experiences in order to obtain a degree, and thus students can benefit from the learning opportunities that exist outside the classroom.

Students in ALS have participated in a variety of practicum experiences both in the Urbana-Champaign area and across the country. Emily Galassi, a student in speech and hearing science, has had the opportunity to work with a client at the speech and hearing science clinic on campus. Community Health student Julie Kander has learned valuable lessons about community health professions and life after college at Health Alliance. While incredible opportunities are available in the Champaign-Urbana community, others choose to take their learning on the road. Kinesiology major Ryan Skendzel and recreation, sport and tourism graduate Kendra Clark traveled extensive distances to pursue learning opportunities. Skendzel worked as a summer intern for the San Diego Chargers for two summers while Clark had a variety of experiences at Give Kids the World, a not-for-profit foundation in Florida that provides vacation and entertainment opportunities for children with life-threatening illnesses and their families.

The duties of every job are different. They can range from Emily's working with a patient in the Clinic to public speaking, taping ankles, and organizing events. No matter what the job entails, there are a variety of lessons to be learned.

## ALS ASSOCIATE DEAN NAMED FELLOW

“I learned a lot both professionally and personally,” Kendra said. “Professionally I learned about the non-profit industry. I never knew how much planning can go into an event—every little detail down to the last possible thing needs to be considered, and of course there always needs to be at least one back-up plan. I learned to become a master multi-tasker. Personally I learned that I can make it on my own and that sometimes I just need to slow down. After watching these children and realizing that tomorrow might not come for them, it has definitely made me change my priorities.”

Kendra’s internship experience also created other opportunities. Her 17-week internship was cut short so she could take on a full-time position at Give Kids the World, where she continues to work today, two years after her internship.

ALS students have experienced internships with a diverse range of corporations and businesses, including hospitals and clinics, convention and visitor bureaus, resorts and hotels, park districts and departments, insurance companies, healthcare organizations, fitness centers, speech and hearing clinics, corporate employee recreation programs, cruise ships, state and national parks, and collegiate and professional athletic teams. A few of the many internships our students have experienced in recent years include:

- ▶ American Lung Association
- ▶ Children’s Memorial Hospital, Chicago, IL
- ▶ Carle Clinic and Hospital
- ▶ Blue Cross/Blue Shield
- ▶ US Army Corps of Engineers
- ▶ Chicago Bears
- ▶ LaSalle Bank Chicago Marathon
- ▶ Chicago Festival Association
- ▶ Krannert Center for the Performing Arts, Urbana, IL
- ▶ Celebrity Cruises, Miami, FL
- ▶ McCormick Place, Chicago, IL
- ▶ St. Louis Cardinals
- ▶ Navy Pier, Chicago, IL
- ▶ Fiesta Henderson Casino and Hotel, Henderson, NV
- ▶ Park districts throughout the nation
- ▶ American Cancer Society
- ▶ Frances Nelson Health Center

Dr. Bo Fernhall, associate dean for research and academic affairs in the College of Applied Life Studies, was elected in September to membership as an Active Fellow in the American Academy of Kinesiology and Physical Education at its annual meeting in Dallas, Texas. Limited to 150 active members, AAKPE Fellows have significantly contributed to the science of human movement and physical activity.

Dr. Fernhall has been invited to present his work in Austria, Belgium, Canada, France, Holland, Italy, Mozambique, Portugal, Serbia, Spain, and Switzerland. His research, resulting in more than 200 peer-reviewed articles and abstracts, has focused on the areas of:

- ▶ training and conditioning for physical fitness, wellness and elite performance;
- ▶ cardiac rehabilitation;
- ▶ exercise testing for adapted/special populations;
- ▶ physical activity influence on autonomic function in persons with Down Syndrome.

Dr. Fernhall has served on the Board of the North American Society of Pediatric Exercise Medicine and is a Fellow of the American College of Sports Medicine. As a Fellow of the American Association of Cardiovascular and Pulmonary Rehabilitation, he has chaired both the research and publications committees.

Dr. Fernhall has directed exercise science laboratories at several institutions, served as a residency supervisor for medical students, coordinated graduate studies, and been a department chair.



**ALS Associate Dean Bo Fernhall (center), shown with current AAKPE president Gilmour Reeve of Texas Tech University, and Wojtek Chodzko-Zajko, head of the Department of Kinesiology and Community Health at the University of Illinois.**

## ALS HOMECOMING

Alumni of Applied Life Studies from the 1940's through 2005 returned to campus for Homecoming this past fall where they enjoyed food and fellowship before the football game. Many thanks to the ALS Student Council for its assistance in making the event such a success.



**Tordis and Eugene Kaczmarek (BS '48; MS '49).**



**Erin Stites and Joe Vance (BS '06), who served as a member of the Homecoming Court.**



**Jake Wilund, son of kinesiology professor Ken Wilund, assists ALS Dean Tanya Gallagher and Assistant Dean Sara Kelley in drawing names for the door prizes.**



**ALS student volunteers: Matt Pontifex, Liz Grans, Sarah Brinkmeier, Phil Nash, Courtney Weisman, and Jennifer Moskop.**



# DONOR REPORT

I often tell family and friends that I have the best job in the world. To represent a college whose mission is so relevant to our society is extremely rewarding. However, it is the people—our students, faculty, alumni, staff, and friends—who make coming to work every day a true pleasure.

The students of Applied Life Studies bring a level of enthusiasm and thirst for knowledge that reinforces why we exist as an educational institution. Their desire to make a difference in the lives of others is a constant reminder that our future is bright.

To reflect on the heritage of our college and the faculty represented is humbling—people like T.K. Cureton, Joe Florio, Laura Huelster, Tim Nugent, Allen Sapora, and Willard Zemlin. These pioneers have shaped the disciplines represented in Applied Life Studies, and it is inspiring to see today's faculty following in their footsteps.

But without a doubt it is you—our alumni and friends—who truly represent what we are all about. Your success has and continues to influence our society as you represent the leaders of diverse sectors within education, health care, business, and government. Time and again you remind me how this university has changed your lives, in particular through the people whose mentoring shaped you into the person you are today.

As you will see in the charts below, tuition at the University of Illinois has reached an all-time high. With the support of alumni and friends, we are working together to ensure that today's students have access to the educational opportunities, learning environments, and the caliber of faculty they need and deserve.



To learn more about giving opportunities and priorities in Applied Life Studies, please contact Sara Kelley by telephone (217-244-6600), email [sarak@uiu.edu](mailto:sarak@uiu.edu), or in person (110 Huff Hall).

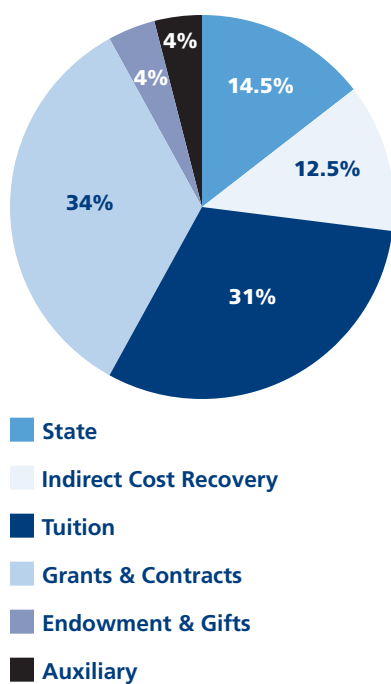
To those of you whose names are listed in our donor report we extend our sincere thank you. No doubt you receive numerous requests for charitable gifts, and we truly appreciate that the College of Applied Life Studies is among your giving priorities. As the quotes in the following pages reflect, your gifts are making a difference one dollar and one student at a time. If your name is not listed, please consider making a gift today. Your support, large or small, is an important investment in our future.

Thank you for your continued interest and support.

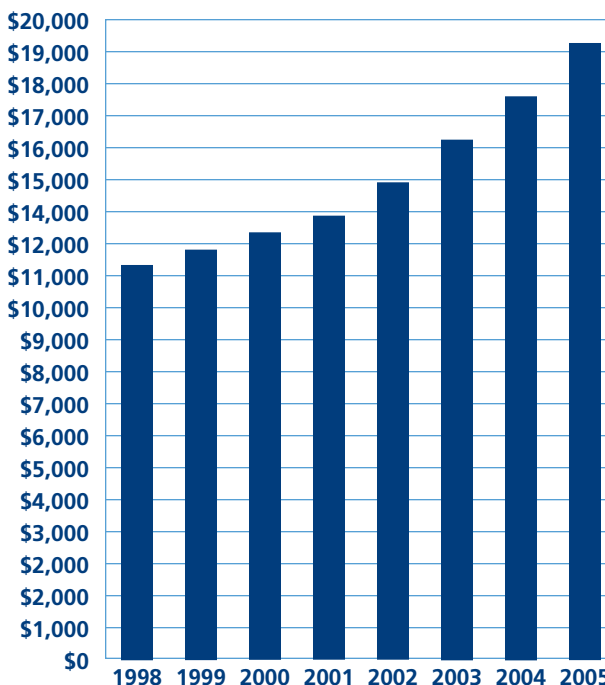
*Sara Kelley*  
Assistant Dean of Development and Alumni Relations

## ALS SOURCES OF FUNDS

FY 2005 BUDGET = \$20.847 M



ANNUAL ESTIMATED IN-STATE TUITION, FEES, AND EXPENSES FOR ALS



The decrease in operating support from the State of Illinois has caused Illinois students to pay increasingly higher rates to obtain an education. The College of ALS has emphasized alumni support of student scholarships in recent years to aid many students who otherwise couldn't afford an Illinois education.

This report recognizes all contributions to the College of Applied Life Studies for the fiscal year ending June 30, 2005. Although every effort is made to ensure accuracy, errors may occur. If we have omitted your name or listed your name incorrectly, please contact the Office of Development and Alumni Relations, College of Applied Life Studies, 1206 South Fourth Street, Champaign, IL 61820; telephone (217) 244-6600.

## PRESIDENTS COUNCIL MEMBERS

*The College of Applied Life Studies recognizes members of the University of Illinois Foundation Presidents Council for their commitment to strengthening the University's excellence. We are truly grateful to the following Presidents Council members who have provided significant lifetime contributions to the University and the College of Applied Life Studies and to those who supported the College July 1, 2004-June 30, 2005, with an annual fund gift of \$100 or more. An asterisk preceding a donor's name designates a new member of the University of Illinois' Presidents Council.*

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**Is your name missing from this list?** Make a gift by June 30, 2006, to see your name in our next annual report. Our goals are met one dollar and one donor at a time, and every single gift—especially when combined with those of others—is immediate and dramatic, providing a tremendous boost to our students. To make a gift, say “yes” when one of our students call or go to [www.als.uiuc.edu/alumni/gift/contribute.htm](http://www.als.uiuc.edu/alumni/gift/contribute.htm). Thank you!

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*“To me, your award represents much more than a monetary donation, it represents a belief and interest in me as a student. I am truly honored and humbled to be a recipient of such a prestigious award.”*

AMANDA GLADER, COMMUNITY HEALTH LEADERSHIP AWARD, 2005

## EMERITUS PROFESSOR DONATES BENCH

Kinesiology Professor Emeritus Robert Sprague and his wife Bonnie recently donated a new bench to the lobby of Freer Hall. Dr. Sprague, a long-time supporter of the department's Lifetime Fitness Program for older adults, recognized a need for a seating area in the lobby to accommodate the participants of the program as they awaited the start of the program in the early-morning hours. The ruggedly constructed bench will be a fixture in the lobby for years to come, offering convenience and comfort to countless students and visitors.



- |  |  |  |                                   |
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*“It motivates me to be acknowledged  
for my hard work and efforts.  
Your generous gift will help me  
continue to pursue academic  
and professional success.”*

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		Diane M. Hoskinson
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		William J. Howard

*“I was humbled and honored to have been recognized among so many of my peers as someone who leads by example. Your actions set an example for all students at Illinois, and I hope that one day I too can give back in the way you have.”*

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 Perry James Manos  
 Judith A. Marchesi  
 Charles F. Marks Jr.  
 Barbara B. and Harold R. Marsh  
 Shelia R. Matthews  
 Christine A. Matuscak  
 Bruce L. Maurer  
 Donald M. May  
 Loretta M. Mayer  
 Pamela P. Mayer  
 Joseph Lee McAdam III and  
 Karla J. McAdam  
 Rebecca McBride  
 Dennis F. McCabe  
 Ruth F. McCauley  
 Gene R. McDonald  
 Richard L. McDonald  
 Karla K. McGregor  
 John H. McKay and Leslieann  
 Gallagher  
 Joshua E. Medow  
 Sylvia A. Meek  
 Thomas O. Meinhardt  
 Victoria L. Melonas  
 Jo A. Menacher  
 Max Messer  
 Charles W. Mettler (deceased)  
 Paul L. and Juanita M. Meunier  
 Barbara H. Meyer  
 Robert Gene and Betty I. Meyer  
 (deceased)  
 Susanne K. Meyer  
 Thomas F. and Sandra J. Meyer  
 Larry J. Meyers  
 Marion D. Meyerson  
 Genevieve G. Michael  
 James A. Michael

Deborah A. Miller  
 Elizabeth G. Miller  
 Ruth A. Miller  
 Charlene M. Mills  
 Frederick E. Mills  
 Mason and Connie Minnes  
 Philip N. and Holly K. Mirell  
 Bette W. Mitchell  
 Max G. Mitchell  
 Patricia M. Mitchell  
 Richard and Elizabeth Moburg  
 Craig N. and Ann Marie  
 Molitor  
 Michael J. Monell  
 Jeffrey P. Monks  
 David B. Montgomery  
 Evelyn M. Moore  
 Jan A. Moore  
 Susan E. Moore  
 Thom and Martha H. Moore  
 R. Gene and Lorna Morgan  
 Geoff and Geoff Morris  
 Marcia A. Morrison  
 Eleanor J. Mosley  
 C. Curtis and Elizabeth M.  
 Moss  
 George A. and Eleanor I. Muck  
 Allan G. and Gloria F. Mueller  
 Linda S. Mullen  
 William P. Murphy and  
 Marybeth Jansky  
 John J. Murray  
 Joseph J. Muti  
 Barbara J. Mutz  
 Marjorie F. Myers  
 James J. Nance  
 Steven B. Nasatir  
 Sebastian C. Naslund  
 Marlene D. Nations  
 Carol W. Neff  
 Arlene L. Neiberg  
 Elaine Nelli  
 Heather P. Nelson  
 Karen H. Nelson  
 S. Margaret Nelson  
 Sarah Barnett Nemeth  
 James E. Nicely  
 Nancy J. and Donald A. Niles  
 Ruth W. Nitsche

*“Your kindness and dedication to  
 education at the University of Illinois  
 will always be remembered.”*

Laura Kelley, Peter J. and Ella  
 Montaleone Scholarship, 2005



*“Receiving this scholarship motivates me to continue striving for the best in my career. Thank you for your confidence and willingness to help me achieve my goals.”*

CATHERINE BRUMLEVE, CHARLES K. BRIGHTBILL STUDENT AWARD, 2005

Lisa M. Noble	Beverlee J. Pomplun
Eugene R. Norris	James H. Potter
Gabriel J. Nunez	Kent F. Potter
John D. and Janis H. Oaks	Leonore Faulds Potter
Kaye O. Obalil	Virginia E. Potter
Ewa and Marcin Ocwieja	Bryan G. Pratt
Michael A. Odle	Beth A. Presley
Tammy L. Oertel	Abby M. Prospero
Rose L. Olsar	Peggy J. Pruitt
Colleen Olson	Donald J. Puchalski
John J. O'Neill	Carol F. Pullen
Diane Siegle Ore	Dwight W. Pulsfus
Shirley M. and Lawrence B. O'Reilly	Diane Lucille Ragalie
Joseph Ornelas III	Elizabeth J. Ragouzy
Reuben Burdette and Alice Jane Orris	Ann M. Rakoczy
Rilla D. O'Shaughnessy	Roscoe and Marjorie Randell
Rhonda S. Osko	Don Howard Rapp
John A. and Lynn W. Osth	Jan Mason Rauk
James F. Panebianco	Nancy B. Reece
June Pantaleone	Cheryl V. Reeves
Herbert Spencer Parker	Roger A. and Deborah J. Reeves
Eldon C. Partridge	James W. Reid
Susan Whiteley Passmore	William F. Reker
Richard S. Pawlow	Susan G. Relfe
Susan A. Pearce	Peggy R. Reuler
John F. and Rebecca L. Pearson	Earl J. Reyes
Donald W. Peck	Robert A. Rich
Joyce S. Penn	Jill B. Richey
Ilene E. Perl	Nancy J. Robey
Deborah A. Perry	Richard B. and Barbara A. Robinson
Julie J. Perry-Staser	Alice Wakeman Roderick
Susan J. Peters	Carol C. Rodgers
Karla J. Peterson	Dr. and Mrs. Allen Rolfe
Terryl A. Peterson	Beth D. Romine
Carolyn A. Phelps	Enid B. Rosenblatt
Karen H. Phelps	Sylvia F. Rosenthal
Ronald L. Phelps	Deanna L. Rozak
Sam J. Piazza	Marcia A. Rubin
John W. Pierson	Barbara S. Rubins
Debi Piette-Wilson	Jack L. Rudio
Amy L. Pleasant	Sue S. Safr
Christine J. Pletcher	Jennifer M. Salerno
Mary A. Plumb	Kelly K. Sallmen
Brian A. Podraza	E. Harryette Salyers
	Jennifer R. Sanvi

Helen L. Sapp	Catherine A. Somers
George C. Schaefer	Karilyn and Steven T. Sonka
Arthur A. Schankin	Gary S. Sorock
Paul L. Scher	Eugene J. Spannberg
Bobbie N. Schmidt	Anne F. Spier
Leonard R. Schmidt	Judith A. Spiers
Robert G. Schmidt	John W. Stacey
Margaret M. Schmit	Joseph P. Stanfa
Pamela R. Schmitz	David C. and Regina Stanger
Debra Schober-Peterson	Betty J. M. Starks
Charles W. and Barbara A. Schrader	Cindy L. Stein
Beverly L. Schroeder	Carol Hamilton Steinman
Stacy L. Schroeder	Donald K. Steinmetz
Melvin E. and Elizabeth M. Schwartz	Suzanne H. Stern
Teresa A. Schwarz	Zelda Stern
Adam and Nicki Newlon Scott	Jane T. Stevens
Richard L. Scott	Marcia C. Stevens
Jerry L. Scruggs	Donald B. Stone
Carolyn B. Sealock	Robert K. Stone
Carol Hubbard Seery	Ronald G. Stopka
Judith M. Seidband	Anne J. Storsved
Elaine M. and Samuel S. Sensiper	Teresa A. Stuttle
H. Douglas Sessoms	Blanche J. Sudman
Florence E. Sexton	Mary L. Sundin
Randall E. Sharp	Kathleen A. Supert
Harold T. and Crystal D. Shaw	Marlene J. Svab
Rebecca Sheridan	Sidney B. Sward
Marilyn E. Shewan	Richard J. Sygulla
Samuel B. Shoor	Cecily A. Sypult
Ray Anne Shrader	Steve D. Szabo
Douglas D. Shull	Jamie L. Tanenbaum
Marilyn Siegel	Joseph A. Tanny
Virginia P. Siegle	Juanita Taylor
Thomas E. and Jean A. Silkey	Dorothy M. Teague
Stanley Silver	Sharon R. Tenhouse
Beverly F. Simmons	Janice R. Thom
Fay M. Sims	Richard L. Thomas
Marjorie E. and Frederick A. Skinner	Carol A. Thompson
Ronald R. Slemmer	Janette M. Thompson
Edward L. Sloniger	Margaret M. Thompson
Phillip S. Slotsky	Michelle Simone Thompson
Elaine S. Smith	James G. Thon
Gail D. Smith	Janet T. Thonn
Johanne M. Smith	John B. and Eleanor A. Thune
Michelle L. Smith	J. Edward Tichenor
Robert J. Smith	Kenneth G. Tillman
Victor L. Smith	Toni-Anna B. Tindall
Mary C. Sneddon	Theodore E. and Dora L. Tinkham
Linda A. Snider	Peter T. Tomaras
Jeanne R. Snyder	William G. and Marietta W. Towry
Sally A. Sohner	Bonniejean Trexler
	Arthur J. Trybek

# THE ANNUAL FUND: SUPPORTING STUDENT LEADERS

From the personalized attention of our undergraduate advising program, which is heralded as a model on campus, to research and internship opportunities that allow practical career experience, the students in ALS have an abundance of choices to enhance their educational experience. Our alumni and friends are directly responsible for providing a new program that will further enrich the "ALS experience." Through your generosity the College has been able to establish the Career Development & Leadership Awards Program, supported solely through contributions to our Annual Fund.

This past fall twelve students in ALS were selected for the awards, providing them the opportunity to grow personally and to make a positive impact on our society, while gaining valuable real-world experiences that simply cannot be gained in the classroom. With your support the students in ALS are afforded opportunities to blossom in countless ways, following career paths that are equally diverse.

The students receiving the awards plan to use them to support study-abroad programs, membership in professional organizations or travel expenses to conferences, and the expenses of the University leadership program, LeaderShape.

## STUDY ABROAD

- ▶ Amanda Sawica (Kinesiology and Community Health): attending Centro Granadé de Español in Granada, Spain, Summer 2006
- ▶ Robyn Kirk (Speech and Hearing Science): attending Uppsala University in Uppsala, Sweden, Spring 2006

## MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

- ▶ Kim Dixon (Recreation, Sport and Tourism): Women in Sports and Events
- ▶ Lauren Madawick (Kinesiology and Community Health): American Association for Health, Physical Education, Recreation and Dance
- ▶ Kristin Striebel (Recreation, Sport and Tourism): National Recreation and Park Association, Illinois Parks and Recreation Association
- ▶ Jennifer Wail (Kinesiology and Community Health): National Athletic Trainers Association

## CONFERENCE TRAVEL

- ▶ Lindy Rossow (Kinesiology and Community Health): American College of Sports Medicine Conference
- ▶ Halidu Shokunbi (Kinesiology and Community Health): American College of Sports Medicine Conference

## LEADERSHAPE

- ▶ Danae Alwardt (Kinesiology and Community Health)
- ▶ Maggie Marincic (Speech and Hearing Science)
- ▶ Ben Cober (Recreation, Sport and Tourism)
- ▶ Hans Malebranche (Recreation, Sport and Tourism)

Karen L. Trybek-Most  
Laura K. Tukey  
Julie A. Turcich  
Lucille Turigliatto  
Albert E. Turner  
Forrest A. Turner  
Kirsten M. Tyda  
Don H. Upton  
Donald J. Urbauer  
Robert E. Vance Sr.  
Dora E. Vandine  
Peter B. Van Lowe  
Douglas L. and Norma R. Van Selow

Steven Vasaune  
Paul D. Veatch Jr.  
Rosemary K. Vermiglio  
June Becvar VerSchave  
Mary Jane Vest  
Lisa R. Villa  
Aurora S. Villacorta  
Deborah A. Visin  
Dorothy E. Vitter  
Patricia H. and Jack Vonder Heide  
Barbara A. Voorhees  
Nijole R. Vostal  
Penelope C. Wagoner

*"Your generosity has helped me to begin making my dream come true."*

Laura Tucker, Beulah Drom Scholarship, 2005

## LEADERSHAPE: HOW YOUR GIFT HELPS OUR STUDENTS

At the LeaderShape Institute Retreat, held each year at Allerton Park, students from across the Urbana-Champaign campus come together to learn and bond in a non-traditional setting. While there, the participants work together despite their differences and focus on things larger than themselves and their small social and academic groups on campus.

The College of Applied Life Studies has sponsored students for several years, but we are proud to announce that this year marks the first time our students' fees have been paid through a new scholarship established in ALS that is supported by alumni donations to the ALS Annual Fund. The LeaderShape program was developed in the 1980's with the mission of helping young adults "lead with integrity." It is now a national program that focuses on teaching people that "You Can Make a Difference!"

Does it make a difference? The enthusiasm of those who have participated seems to speak for itself, and they emphatically encourage others to take part in the experience.

"It was a great experience," said kinesiology student Emily Richardson. "I went in a little skeptical because I'd been to other leadership seminars that were not so good. I thought they would teach us common sense stuff, but I ended up learning a lot and having a really great time. We did not learn from lecturing but by interacting with other students and learning about our similar goals."

Those who have experienced LeaderShape now realize how the experience changed them personally as well as giving them an edge as students and leaders. For Community Health Student Courtney Weisman the experience helped her use her opportunities as a student and leader to realize her personal aspirations.



**Emily Richardson (right), a senior in the Department of Kinesiology and Community Health, participated last year in the LeaderShape Institute Retreat, a national leadership program for outstanding students.**

"When I came to college, I had a lot of ambitions that did not take off right away. I made connections at LeaderShape and the networking has inspired me to achieve the goals I set when I came here. We worked on goal-setting and thinking about how to make our visions real. We learned how to get our plans in motion," Courtney said.

"It helped me to see the big picture," said Anjali Forber-Pratt, a speech and hearing science student. "It helped prepare me to move into the real world. At LeaderShape there were no limits and we were forced to think about the future. Meeting the other students helped me to see the similarities of the leaders across campus. Having the opportunity to push yourself intellectually and physically was awesome. There's always room for change and personal development. It's an investment that keeps on giving. The impact is very far-reaching as others attend and continue to be strong leaders."

Frank J. Waide Jr.  
Marshall and Bertha L. Wall  
Thomas J. and Jeanne A. Ward  
Larry Warshawsky  
William R. Waud  
Lorraine R. Wax  
Joyce S. Weber  
Robert G. Weirauch  
Lorrayne H. Weiss  
Betty Wellbaum  
Eitan and Gina Thiel Weltman  
Elizabeth A. Wendel-Clift  
Patricia J. Wenzel  
Keith W. Wessel  
Nancy L. Westefer

Cyrus Newell White  
Eva M. White  
James T. Whitehead Jr.  
James B. Whiteside  
David D. and Joanne E. Wickersham  
Bruce B. and Cheryl M. Wiemer  
Ronnie B. Wilbur  
Phyllis M. Wilken  
Carrie J. Wilkerson  
Jonathan L. Wilkin  
William C. Wilkin  
Cherry Boland Williams  
Mark E. and Mitsuko Williams  
James Willis

Kelly S. Willson  
Janice M. Wilson  
David M. Wishart  
Cheryl A. Wittler  
Donald K. Witzig  
John F. Wiza  
Karen L. Wold  
Marvin R. Wolf Jr.  
Arnold Wolochuk  
Richard A. Wooley  
Carol Lynn Work  
Judith Ann Patterson Wright  
Berdell H. Wurzbarger  
Paul R. Wyness  
Christopher J. Wynveen

Thomas W. Yeates  
Ronald R. and Mary K. Young  
Kimberly S. Youngvorst  
Marlene U. Zapp  
Barbara W. Zavorka  
Marcia A. Zegar  
Kimberly R. Ziegler  
Jeff A. and Diana L. Zimmerman  
Hyman J. Zuckerman  
Jennifer C. Zvi  
Chet Zych Jr. and Carmen Zych

## CORPORATIONS, FOUNDATIONS, AND ORGANIZATIONS

American College of Sports Medicine  
American Courier Service, Inc.  
American Express Foundation  
American Lung Association of Illinois-Iowa  
American Physical Therapy Association  
AON Foundation  
Bank of America Foundation  
Banta Corporation Foundation, Inc.  
Barnett Family Foundation Trust  
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Burlington Northern Santa Fe Foundation  
California International Airshow  
Cary Grove Automotive, Inc.  
Caterpillar Foundation  
Central Finance Loan Corporation  
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Chicago Heights Park District  
Columbus Jewish Foundation  
Conroy Orthopedic & Sports Physical Therapy  
Davis Development Corporation  
Deerfield Park District  
Edward Collins Family Foundation Inc.  
Elmhurst Park District  
ExxonMobil Foundation  
Lippincott Williams & Wilkins  
GE Foundation  
Glenview Park District  
The Goad Foundation  
Gordon E. Van Joske and Associates  
Hartford Financial Services  
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Human Kinetics  
Hyperfit, Inc.  
IBM Corporation  
IBM Matching Grants Program  
Illinois Prairie Community Foundation  
Illinois Tool Works Foundation  
International Society for Clinical Densitometry  
Jake Storage, Inc. DBA Stor-Trek  
The John D. and Minnie R. Schneider Charitable Trust  
L. & L. Enterprises  
Life Fitness  
Livovich Charitable Foundation  
Marathon Ashland Petroleum  
The Medtronic Foundation  
Dr. Michael A. Carrera, Ltd.  
Monsanto Fund  
National Multiple Sclerosis Society  
National Recreation and Park Association  
New Life Medical Clinic

Northbrook Park District  
Northrop Grumman Foundation  
Oak Lawn Park District  
Oklahoma City Community Foundation, Inc.  
Pearson Education  
Pennsylvania State University  
Pepsico Foundation Inc.  
Pfizer Foundation  
Playworld Systems  
The Procter & Gamble Company  
Professional Insurance Producers, Inc.  
The Quaker Oats Company

*“Receiving this award helped me to realize that people acknowledge my various interests as an accomplishment and encourage me to work on more of both academic and extra curricular activities.”*

Ji Hae Lee, Matthew Allan  
Odelius Award, 2005

Retirement Research Foundation  
Robert Wood Johnson Foundation  
Rockford Park District  
Sagamore Publishing, Inc.  
The San Francisco Foundation  
Schaumburg Park District  
Scholarships.com, LLC  
The Sports Medicine and Rehabilitation Institute  
State Farm Companies Foundation  
Summerland Studio Inc.  
T & C Schwartz Family Foundation  
Thomson Learning  
Verizon Foundation  
Washington Mutual Foundation  
Wells Fargo Foundation  
West Suburban Medical Center Operations Team  
Wheaton Park District  
Wilmette Park District  
Winnetka Park District  
Wisconsin Energy Corporation Foundation, Inc.  
Woodland Veterinary Clinic, Ltd.  
3M Foundation, Inc.

## CONFERENCE ADDRESSES CRITICAL ISSUES IN TEACHER EDUCATION

This past fall faculty in the Department of Kinesiology and Community Health—led by professors Kim Graber and Darla Castelli—hosted the first Research in Progress Conference, where scholars from throughout the Midwest came together to present and discuss projects related to teacher education.

Presenters addressed such topics as the national physical education standards, teacher development, socialization, physical activity, reducing incidence of diabetes in Native Americans through physical activity, technology, learning in higher education, gender beliefs, teacher life histories, developmental misconceptions, supervision strategies, assessment, and teacher beliefs. In addition to formal discussions, a luncheon and periodic breaks throughout the day-long event provided ample informal opportunities



for participants to address programmatic structure and effective teacher education. The success of the event encouraged conference organizers to begin planning for similar events in the future and has resulted in important networking opportunities with colleagues from other universities.

### TEACHER EDUCATION A PRIORITY

Although the Department of Physical Education is now called Kinesiology and Community Health, educating society about the importance of physical activity is a top priority. Each year, between 50 and 60 students in the kinesiology program are certified to teach physical education in grades K-12. These students typically spend four semesters enrolled in courses that lead to certification, including a semester-long student teaching experience in both elementary and high school physical education classes. Emphasis is placed on providing students with practical experiences that enable them to integrate what they've learned in the classroom and what they learn about children in the gymnasium. Job placement for our students who graduate with teacher certification in physical education is outstanding, with most receiving a variety of offers from schools in Illinois and around the country.

### IN MEMORIAM

## KEN VISTE

1941–2005

Long-time University of Illinois supporter and former DRES participant Kenneth M. Viste passed away on August 21, 2005. A board-certified neurosurgeon, Dr. Viste founded Lakeside Neurocare in Fox Valley, Wisconsin, and had affiliations with numerous hospitals in the Oshkosh, Wisconsin, area. He enjoyed the making and shaping of public policy and was an active leader in his profession, as well as a frequent adviser to the government on health care issues, with a particular emphasis on multiple sclerosis, epilepsy, rehabilitation, and establishing affordable health care for all. He provided significant financial and personal support to the University of Illinois, and through Dr. Viste's generosity, the College of Applied Life Studies was able to establish the annual Michael Ellis Lecture on Disability Science and Practice. He was an avid

fan of the Illini, attending hundreds of football and basketball games, and last year he was named chairman of the board of directors of the Alumni Association.

"Ken Viste was the quintessential representative of the long-standing Illinois slogan that 'it's ability, not disability, that counts!'" shared Brad Hedrick, director of the Division of Disability Resources and Educational Services. "His intellect and life experience made him an articulate advisor on matters of national health policy, while his humanity made him a compassionate and caring physician. The number of individuals whose lives were touched by Ken Viste is incalculable."



## O'NEILL LECTURE TO EXPLORE EFFECTS OF TRAUMATIC BRAIN INJURY

Dr. Mary R.T. Kennedy will present “Executive Functions, Memory and Language Processing after Traumatic Brain Injury: The Juncture for Speech-Language Pathology” as this year’s featured speaker for the annual John O’Neill Lecture Series, sponsored by the Department of Speech and Hearing Science.

Dr. Kennedy is an associate professor in the Department of Speech-Language-Hearing Sciences at the University of Minnesota. Her research explores executive function and memory and language disorders of adults who have experienced different types of brain injuries, covering speech-language pathology, cognition, education, and neuropsychology. Dr. Kennedy is presently the chair of the Committee on Evidence Based Practice for Cognitive-Communication Disorders after TBI, sponsored by the Academy of Neurologic Communication Disorders and Sciences and the American Speech-Language-Hearing Association (ASHA).

### JOHN J. O’NEILL LECTURE

**DATE:** April 28, 2006

**TIME:** 1:00–4:00 PM

**LOCATION:** Room 66 of the Main Library

**REGISTRATION:** 12:00–1:00 PM

The lecture is free and open to the public. Small fee for ASHA CEUs.

## DRES, RST COLLABORATE FOR LEISURE TECHNOLOGY CLASS

For several semesters the Division of Disability Resources and Educational Services (DRES) and the Department of Recreation, Sport and Tourism (RST) have collaborated on efforts to improve recreational opportunities for persons with disabilities. Recently, Maureen Gilbert, coordinator of campus programs, and Jennifer Ruddell, visiting disability specialist, discussed the role that technology has played in the advancement of adaptive sporting equipment with members of the Leisure and Technology class in the Department of Recreation, Sport and Tourism. Their presentation served as an inspiration for students who are required to look for creative ways to use technology to improve leisure experiences for persons of all abilities. In the adjacent photo, Ruddell straps senior Lauren Denison into an older version of an adaptive wheelchair.



# RST PROGRAM TO SUPPORT PARKS AND RECREATION PRACTITIONERS

The Department of Recreation, Sport and Tourism has established an office that will offer support to community parks and recreation professionals. The Office of Recreation and Park Services (ORPS) will provide information, research, studies, and education to practitioners, citizens, communities and other organizations that are interested in learning more about community parks and recreation. Through partnerships with organizations such as the National Recreation and Park Association, the Illinois Association of Park Districts, and the Illinois Park and Recreation Association, the ORPS will become the primary service arm of the Department of Recreation, Sport and Tourism.

By concentrating on services for park and recreation practitioners, the office is returning to the mission originally established by Dr. Allen Sapora, who developed the Recreation Field Service in 1957. Over the years, the program developed by Dr. Sapora evolved, changing names several

times while broadening its scope to include fields outside of parks and recreation.

The narrower focus of the new office will allow it to be more visible and responsive to the needs of practitioners in the field of parks and recreation. As a result, the office is better situated to serve the needs of a wide range of parks and recreation facilities with different needs and interests. “The mature and developed parks and recreation agencies have interests and needs different from the newly growing and developing communities,” said Robin Hall, director of the ORPS. “One mission of our program is to provide services to these specialized niches within the field.”

“Recreation and parks are essential services for an improved quality of life for all individuals and communities,” stated Cary McDonald, head of the department of Recreation, Sport and Tourism. “The Office of Recreation and Park Services will expand our capacity to deliver valuable services to parks and recreation practitioners.”

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## A NEW ERA FOR BECKWITH HALL

Beckwith Hall, the University’s transitional living facility for students with severe disabilities, will be entering a new era as the University of Illinois plans to expand and renovate existing residence halls to accommodate students who are in need of personal assistant services.

The operation of this new facility will be a joint cooperative venture between the Division of Disability Resources and Educational Services (DRES) and University Housing. This partnership will provide a variety of opportunities that have not been previously available, such as the development of a Living Learning Community. This community will provide learning experiences both through formal courses and informal interactions between those with and without disabilities. Students without disabilities who choose to live at this new residence hall will include those who want to learn more about people with disabilities as well as interact and be immersed within the culture and climate.

The project will include construction of two residence halls to house 840 residents. It is anticipated that the new residence hall for Beckwith students will be completed in about three years. Some of the features being planned for this new facility include:

- ▶ all resident rooms located on the first floor
- ▶ a classroom/kitchen space completely accessible so that students may use it to learn community living skills necessary for living outside Beckwith Hall
- ▶ two transitional apartments to help bridge the transition from being a student in a single room at Beckwith to living in an apartment in the Champaign-Urbana community
- ▶ accessible features such as pocket doors, keyless entry into rooms, etc., and
- ▶ a student lounge, computer lab, laundry facilities, and other features that currently exist at Beckwith Hall

Those students living in the new facility will be using the new dining hall that is being built within this complex. This arrangement will further integrate Beckwith students with the larger University of Illinois student community. The partnership with University Housing will allow DRES to continue in its mission of providing the best programs and services in the country to college students with severe physical disabilities, and to be the leader in evidence-based practice and translational research that leads to improved services for students with disabilities at all universities.

**Ron Barger** ('77 BS, Kinesiology), Plano, TX, is general counsel for the Archon Group, L.P., a Goldman Sachs company. Archon is an international full-service commercial real estate investment management and lending company headquartered in Dallas, Texas. After leaving UIUC, Ron received his JD from Southern Methodist University School of Law and then was a partner in the Dallas-based law firm Strasburger & Price. He is currently the vice-chairman of the Texas General Counsel Forum, former president of the International Association of Attorneys and Executives in Corporate Real Estate and is a member of the Executive Board of the SMU School of Law as well as a board member of the Texas Sports Medicine Foundation. Recently, Ron was named one of the top in-house attorneys in the state of Texas by the *Texas Lawyer*.



**Jaclyn N. Dugan-Roof** ('04 BS, Community Health), Bradley, IL, is an employment specialist at the Kankakee County Training Center. The Kankakee County Training Center is a not-for-profit business which provides adults with developmental disabilities the opportunity to acquire skills necessary to become more productive, contributing members of their community. Over the past year and a half, Dugan-Roof has taken part in many local projects in helping promote health as well as economic development. She works part-time at a fitness center, helping to focus on those with special needs. Jaclyn also strives to educate her local community about disabilities and the importance of hiring individuals with these disabilities, contributing to their overall self-esteem.

**Georgia Fischer** ('89 BS, Kinesiology), Chicago, IL, is the head trainer and director of basketball operations for the newest team in the WNBA, the Chicago Sky. A native of Rockford, Illinois, Fischer spent the last five years as the athletic trainer for the Connecticut Sun. Prior to that she worked for the WNBA's Cleveland franchise. In her new position, Georgia will not only be responsible for medical issues and injury prevention and rehabilitation, but will also serve as the liaison between the coaches and players and the Chicago Sky front office.



**Ron Guenther** ('67 BS, '68 MS, Kinesiology), Champaign, IL, was inducted into the Chicagoland Sports Hall of Fame in September. A native of Elmhurst, Illinois, Guenther earned



all-state honors as a football player at York High School and lettered as a member of the University of Illinois football team in 1965 and 1966, earning team MVP honors as a senior. For the last 14 years, Ron has served as the University of Illinois Director of Athletics.

**Christy Harris Lemak** ('86 BS, Community Health), Gainesville, FL, earned the Faculty Leadership Award from the University of Florida College of Public Health and Health Professions last spring. Lemak earned the award for her work as the chair of the college curriculum committee and for her involvement in the University's faculty senate. Christy also has mentored students wishing to pursue advanced health administration degrees by serving as the program director for the master's degree program. In November, she was awarded the first Bice Professorship in Health Services Research, Management and Policy at the University of Florida.

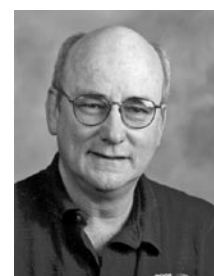


**Jeffrey C. McLellan** ('71 BS, Kinesiology), Edwardsville, IL, recently was hired as associate general counsel and special assistant to the chancellor at Southern Illinois University at Edwardsville. Previously McLellan served as the university attorney at Georgia Southern University. He also has previously been an attorney in private practice and a faculty member at the University of Georgia.

**Carrie Slaymaker** ('99 BS, Speech and Hearing Science), Chicago, IL, is a bilingual speech-language pathologist who has worked primarily with the Hispanic, Spanish/English, population for the past five years. Currently she serves as the director of clinical services for Bilingual Therapies, INC, a company comprised of bilingual speech-language pathologists whose mission is to serve linguistically and culturally diverse children and their families. Her responsibilities include training new clinicians, supporting current clinicians, coordinating continuing education opportunities, and offering presentations for undergraduate and graduate level clinicians. Carrie has presented at ISHA, IRC, CISHA, and various districts/universities in the areas of appropriate bilingual assessment and phonological treatment for bilingual children.



**Bob Szyman** ('80 PhD, Recreation, Sport and Tourism), Chicago, IL, was awarded "Coach of the Year" honors by the Rehabilitation Institute of Chicago Wirtz Sports Program after leading the RIC Express to their first National Wheelchair Basketball Association Women's Division championship in the spring of 2005. This was the second consecutive honor for Dr. Szyman, who is a teacher and coach at the Chicago High School for Agricultural Sciences.



**Jeanne Urdike** ('82 MS, Community Health), Aurora, CO, was ordained by the Metro Denver Association of the United Church of Christ following completion of her Master of Divinity degree at the Iliff School of Theology in Denver, Colorado. Jeanne serves as chaplain and coordinator of spiritual care services for the Visiting Nurse Association's Hospice and Palliative Care Program in Denver.



## PARK AND RECREATION'S "CHICAGO 7" REUNITE ON CAMPUS

In the early 1970s, the University of Illinois offered graduate programs in the Chicago area. Faculty would fly to the DuPage County Airport and teach evening classes at York High School in Elmhurst. The students in the park and recreation degree program took one class a semester in a program designed by Dr. Joe Bannon. When they finished four years of night classes, they had to complete a residency to earn their degrees. Only seven people put forth the final effort that was necessary to earn master's degrees. For an entire semester, 16 weeks, the group, nicknamed the "Chicago 7," met before the crack of dawn every Friday to carpool to the Urbana-Champaign campus. After a full Friday of attending classes and conducting research, they stayed at the Skull fraternity house. The education continued early on Saturday morning. By the end of the day, the seven carpooled back home. They earned their master's degrees in 1975.

"We had a very unique graduate school program, inspired by Dr. Bannon. All of us were married, some had children, and we needed master's degrees," said Ron Dodd, former executive director of the Joliet, Illinois, park district. "It was getting to the point in the field where if you didn't have a master's degree, jobs were going to pass you by. We were very privileged to have this opportunity because otherwise it would have been very difficult for us to get our degrees."

On September 23, 2005, the group returned to campus, 30 years after earning their degrees. The group spoke to several classes and participated in an interactive discussion session with graduate and PhD students as well as faculty and staff. They offered insights about how park and recreation administration has changed over the past 30 years as well as tips on interviewing and the roles that research and politics play in running a park district.

"When interviewing, do your homework. Read the local newspaper. Tour the parks and facilities first. Become familiar with the agency. It shows interest," Dodd said.

Dan Newport, former director of the Winnetka, Illinois, park district, stated that "Interviewing is a sales job. If you go into it any other way, you'll be left behind. Show your personality and passion for what they are doing."

The alumni also emphasized the importance of getting involved in what you want to do as early as possible and that having a passion for what you do is a large part of being successful.

"Many students work to pay tuition, but that should not excuse them from volunteering for programs in their field," Dodd said.

"Life is competition. I acquired a passion for (running a park district) because of competition. I wanted a job, and I wanted the best job. I wanted to prove that I could make something out of my career," added Michael Pope,



former park district administrator and past president of the National Recreation and Park Association. "Those without passion and a high level of intensity dropped out a long time ago."

As most of the seven have or are preparing to retire, they offered their insights into what they viewed as being the potential problems for the future of parks and recreation as well as their thoughts on their chosen careers.

"It was interesting, trying and frustrating all at the same time. In the end, it was enjoyable. We share a passion for the business we got involved in," Newport said.

"It's a great profession if you give it all you have, you'll get a lot out of it," Dodd added.

Jim Talley credits his education with preparing him for opportunities outside of the field of parks and recreation. After working with the parks system in Oak Park for a few years, he went on to get his MBA and work in the financial services department at A.G. Edwards. He compared the public versus private sectors of business and emphasized the value of education saying:

"I can tell you without any reservation that the training and the contacts and the relationships that you are building now are certainly a big step for the private sector. The successful people build relationships. I encourage you to develop those relationships. Feel confident in your education. You've got the world by the tail if you want to take it. All you have to do is pay attention and do what you need to do."

Overall the group stressed their gratitude for being able to participate in a unique graduate program and the satisfaction that came from being able to make a career of serving others.

"We all enjoyed what we did, that's why we stuck with it," said Harry Hansen, former director of the Queensbury, New York, park district. "The rewards I received from providing a service to children, adults and seniors have made me a better person."

**Dr. Joe Bannon, former head of the Department of Parks and Recreation, is pictured here with members of the "Chicago 7." From left to right: Dr. Joe Bannon, Dan Newport, Bob Rossman, Craig Hubert, Michael Pope, Ron Dodd, Jim Talley, and Harry Hansen.**

## COMMUNITY HEALTH ALUMNI WORKING TOGETHER

*By Sandee Levin ('81)*

When they graduated approximately 20 years ago the students from Community Health entered a workforce that was not wellness-oriented or connected to the Internet. Their professors were passionate about topics such as national health insurance, accessibility for individuals with disabilities, and passive restraints for automobiles, to name a few. The graduates were small in number and



**From left to right, Michelle, Nanette, Sandee, and Leslie**

quickly discovered a difficult job hunt. No businesses sent recruiters to interview them at the University, and the jobs they slowly found were ones that they created or adapted to incorporate health education. The graduates embarked in different directions and their paths twisted and turned as wellness was better understood. It is therefore remarkable to find four alumni working in the same office, their winding paths all leading to the same employer.

These four graduates work at the Jewish Vocational Service (JVS) Career Planning Center in Northbrook, Illinois. JVS is a nationally based and internationally recognized not-for-profit, non-sectarian employment and training agency which provides a wide range of career development and employment services to individuals seeking first jobs, advancement and new career direction.

**Nanette Cohen Karoll** ('81) is the manager of the department in which they all work and has been with JVS for over 22 years. After a lengthy job search following graduation she started her employment career as a branch manager for a home healthcare agency. Her employment with JVS in Chicago began as a coordinator of JVS's Homemaker/HealthCare Aide Training Program. Throughout the past 22 years she has managed several programs that help individuals with disabilities obtain and maintain employment. During the last seven years she has focused primarily on youth with disabilities. She has been an advocate and initiated many grant programs to meet the changing needs of adolescents and teens with disabilities or at-risk youth. Nanette attributes her success in securing program funding through grant writing to the intensive instruction in her curriculum development

class at Illinois. Writing and rewriting goals and objectives didn't seem that important when working with her classmates in the wee hours of the morning but finally getting it right has certainly been paying off now for hundreds of individuals benefiting from the multitude of programs available through JVS. In the past five years the Career Planning Center in Northbrook has served nearly 2500 individuals.

**Michele Tutt Ackerman** ('87) currently works on a project basis for JVS. After beginning her career as a field staff supervisor for a home healthcare agency in Chicago, she joined JVS in 1988 as a job placement specialist for the Homemaker/HealthCare Aide Training Program. Since then Michele has supervised several programs at JVS, serving individuals with disabilities, the homeless, and the economically disadvantaged. She left full-time employment at JVS in 1999 as the director of the Rehabilitation Placement Services Department. Michele continues to provide regular consultation services for JVS, including the start-up of JVS's youthAbility, a program designed to match youth to volunteer experiences, providing them the opportunity to obtain job skills and explore career choices. In 2005 she earned her master's degree in HealthCare Management and Leadership from Webster University.

**Sandra Morrison Levin** ('81) began her career as a home healthcare coordinator in Chicago many months after graduation, but she quickly returned to Urbana to work at Carle Clinic Association in community health education. There she played an integral part in the development of worksite health promotion classes and conferences. She also maintained her relationship with ALS and supervised Community Health interns. Upon her return to the Chicago area she worked in hospitals and HMOs in the areas of health education, substance abuse, worksite health promotion and public relations. Additionally, she privately consulted with adolescents and teens in the areas of stress and weight management. As the mentoring coordinator at JVS, she trains working adults to mentor at-risk youth. The MentoringMatters program helps youth between the ages of 14-21 to achieve their education and employment goals, with the aid of a caring adult. The youth and mentor discuss and determine individual goals and develop strategies for achieving them. The benefits to both the mentor and the youth are well documented and also very gratifying to witness. Sandee remembers visiting ALS a few years after graduation and speaking to future health education graduates. She spoke of the multitude of employment options available if the graduates were willing to think outside the box. She enjoys practicing what she preaches.

*“The Community Health program at the University of Illinois provided a forward-thinking curriculum with professors and teachers committed to cutting-edge research and instruction.”*

**Leslie Levin Glazer** ('87) began her career at Healthcare Intelligence performing healthcare marketing research. She traveled to various medical conventions throughout the United States in order to interview physicians. Leslie continued to conduct healthcare research as she changed jobs and focused on healthcare directories. Her scope broadened as she moved to advertising research. She conducted effectiveness testing of television commercials in addition to radio and print advertising. Leslie joined JVS as a youth service specialist for CareerTracks, a program designed to help young adults with barriers transition from high school to the next phase of their life, whether it be employment or education. Services are provided to

the high school graduates as well as to their parents. The frustration felt by many of these families is replaced with satisfaction as the participants begin to break down their barriers and move toward achieving their goals.

Most college graduates plan a future of employment and many have grandiose ideas, but few can accurately predict the paths they will take and the lives they will impact. The Community Health program at the University of Illinois provided a forward-thinking curriculum with professors and teachers committed to cutting-edge research and instruction. Studies took the students to the library and out into the world. For instance, while standing in shopping center parking lots, seat belt use was studied and the need for passive restraint was indicated. Legislation wasn't far behind. Nanette, Michele, Sandee and Leslie recall their U of I days fondly. They were taught how to adapt and change with the times and in some cases create opportunities where there were previously none. They have selected an employer who embraces that same ideal. They are making a positive impact on the world one life at a time. On many days you can hear the four alumni laughing about a class or story recalled from their Illini days—there were so many good memories and now coworkers who share them.

## SPEECH CLINIC SUMMER CAMP ENGAGES STUDENTS AND COMMUNITY

In response to the overwhelming success of last year's Speech-Language Summer Camp, which served 47 children from the local community, the Speech-Language Pathology Clinic will again offer the program this coming June. Lisa Crane, director of the Speech-Language Pathology Clinic, initiated the camp program last year as a way to continue the services that children normally receive during the school year from educational and other institutions that don't provide services in the summer. The camp offers intensive group therapy in the areas of language, articulation, phonology, stuttering and pre-school language, allowing children to receive year-round instruction when coupled with their other programs. In addition, the summer program enables master's degree students in speech-language pathology to meet clinical practicum requirements by affording them the opportunity to conduct therapy under the supervision of certified clinical faculty.

“The camps are one very visible way in which the Clinic fulfills its service mission to the community,” shares Crane. “They are also a great opportunity for our students to apply the instruction they receive in the classroom, allowing them to develop the skills necessary to be successful speech-language pathologists.”

The camp will be offered from June 20 to July 28, 2006. For more information, please contact the Clinic at 217-333-2230.



## ALS SPRING 2006 EVENTS

<b>Thursday, March 30</b> Student/Alumni Career Night	5:30 p.m. Levis Faculty Center
<b>Friday, March 31</b> ALS Alumni Board Meeting	10 a.m. Huff Hall
<b>Saturday, April 8</b> ALS Mom's Day Brunch	10 a.m. Huff Hall Auditorium/Seminar Room
<b>Thursday, April 20</b> Speech and Hearing Science Awards Program	7 p.m. Huff Hall Auditorium/Seminar Room
<b>Friday April 21</b> Kinesiology and Community Health Awards Program	6 p.m. Huff Hall Auditorium/Seminar Room
<b>Friday, April 28</b> John O'Neill Lecture	1 pm Room 66 Library
<b>Friday, April 28</b> Recreation, Sport and Tourism Awards Program	6 p.m. Huff Hall Auditorium/Seminar Room
<b>Saturday, May 13</b> ALS Convocation	9:30 a.m. Assembly Hall



College of Applied Life Studies

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