

ALS NEWS

The newsletter of the College of Applied Life Studies at the University of Illinois at Urbana-Champaign

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A MESSAGE FROM THE DEAN

As we begin the semester, I'd like to take a moment to reflect on the tremendous progress we've made during the last several years. In 2001, faculty of the College of Applied Life Studies came together to develop a 5-year strategic plan. Our growth during the first three years of the plan was so pronounced that we reconvened this past fall to update our goals in light of the progress we've already made. One important indicator has been our increasing student enrollment. For example, freshman applications to ALS have increased from 399 in 2002 to 678 this past fall, a clear reflection on the quality and type of degree programs offered within the College. Equally significant has been the tremendous success of our faculty in obtaining external support, increasing from a yearly average of \$31,900 per faculty member in fiscal year 1999 to a projected \$190,000 in 2005. This success provides extraordinary opportunities that will shape our future and further expand our ability to lead the nation in addressing important societal issues related to human health and well-being.



Tanya M. Gallagher

Major media outlets are noticing our accomplishments as well. Over 100 national and international interviews or articles—including some of the stories featured in this issue of *ALS News*—focused on ALS research, with stories appearing on such programs as the Today Show, ABC News 20/20, CNN, and in newspapers such as the New York Times and Washington Post.

These changes reflect the dynamic nature of our College, allowing us to continue as a national leader in promoting our central mission of enhancing the health and well-being of all people. Also key to our success is the loyal support of you, our alumni and friends. This issue of *ALS News* recognizes the many individuals, foundations, and corporations who have made generous contributions during the past fiscal year. Your support is critical in realizing our future goals, and we look forward to your continued involvement.

ALS News is produced semi-annually by the Office of Development and Alumni Relations, College of Applied Life Studies, for the benefit of our alumni, faculty, staff, students, and others with an interest in the College.

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IF YOU BUILD IT, THEY WILL COME . . . OR WILL THEY?

RECREATION, SPORT AND TOURISM

If you build it, they will come ... with wallets bulging, eager to exchange greenbacks for peanuts, popcorn, hot dogs and beer, and T-shirts and ball caps with team logos.

At least that's the theory embraced – time and time again – by mayors and city council members hoping to lure professional sports teams to their cities by promising to build new arenas for the teams. But one guy who's not buying it is sports economist Brad Humphreys, a professor of recreation, sport and tourism at the University of Illinois at Urbana-Champaign.

That's because Humphreys and colleague Dennis Coates, a professor of economics at the University of Maryland, Baltimore County, haven't uncovered a single instance in which the presence of a professional sports team has been linked to a boost in the local economy.

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Brad Humphreys, Professor of Recreation, Sport and Tourism

Kwame Ross

PHYSICALLY FIT CHILDREN EXCEL IN THE CLASSROOM

KINESIOLOGY

The health benefits of exercise – across the lifespan – have been well documented. More recently, scientists have begun to demonstrate that exercise also may improve cognitive functioning in older adults.

But what about children? Are physically fit kids better suited to compete not only on the ball field, but in the classroom as well?



Kwame Ross

From left to right: Hillman, Buck, and Castelli

University of Illinois researchers have been exploring these and other related questions in a series of studies during the past two years, and preliminary results indicate a correlation.

“We have found a strong relationship between academic achievement and fitness scores,” said Darla Castelli, a professor of kinesiology whose area of expertise is effective physical education practices. “Those who scored well in academics also did well in physical fitness.”

“We’re not suggesting that if we run more laps it will make us smarter,” she said, “but there does appear to be a correlation.”

Castelli noted that teachers who work closely with young and preadolescent children have long suspected a link between physical fitness and cognitive function. Anecdotal evidence is plentiful, she said, but empirical data to back up those assumptions have been harder to come by.

That's why Castelli jumped at the chance to team with colleague Charles Hillman, also a kinesiology professor at Illinois, to examine possible connections more thoroughly.

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COVER STORY



SPEECH PROFESSOR NAMED FELLOW

SPEECH AND HEARING SCIENCE

Dr. Adrienne Perlman was recognized as Fellow by the American Speech-Language-Hearing Association at the annual ASHA convention this past fall. The status of Fellow is one of the highest honors this professional organization can bestow. It recognizes professional or scientific achievement and is given to a member who has shown outstanding contributions to the professions that are significant on a national or international scope. Dr. Perlman is an inau-



gural member of the Dysphagia Research Society, and in 2005 she will begin her term as president of that society. She is the principal investigator of two major National Institutes of Health grants, and is currently participating on a grant for the U.S. military. Dr. Perlman has authored more than 45 articles and manuscripts, and she is the co-editor of *Deglutition and Its Disorders*, considered a classic text for speech-language pathologists and physicians.

IF YOU BUILD IT, THEY WILL COME . . . OR WILL THEY?, CONTINUED

“Our conclusion, and that of nearly all academic economists studying this issue, is that professional sports generally have little, if any, positive effect on a city’s economy,” Humphreys and Coates wrote in a report issued last month by the Cato Institute in Washington, D.C. The institute commissioned the professors to study the economic impact of a deal proposed by Anthony Williams, the mayor of Washington, D.C.; under terms of the agreement, the Major Baseball League would move the Montreal Expos to the nation’s capital in exchange for a new, city-built ballpark.

The professors based their report on new data as well as previously published research in which they analyzed economic indicators from 37 major metropolitan areas with major-league baseball, football and basketball teams.

“The net economic impact of professional sports in Washington, D.C., and the 36 other cities that hosted professional sports teams over nearly 30 years, was a reduction in real per capita income over the entire metropolitan area,” Humphreys and Coates noted in the report.

Funding structures aside, Humphreys said government officials lobbying for stadium deals often base perceived economic benefits on flawed impact studies. In the D.C. case, the researchers report that the Office of the Deputy Mayor for Planning and Economic Development claimed the team and ballpark would create 30 jobs earning an annual total of \$94 million – or a whopping \$261,111 per job.

“The wonder is that anyone finds such figures credible,” Humphreys said. “Yet decade after decade, cities throughout the country have struggled to attract or keep profes-

sional sports teams, and the idea that a team brings with it large economic gains invariably arises. As it turns out, claims of large tangible economic benefits do not withstand scrutiny.”

That’s because such impact studies often are based on skewed data. For instance, when citing multipliers – the ripple effect that each dollar spent on professional supports is projected to have on the community’s wider economy – impact studies often overstate such contributions and fail to differentiate between net and gross spending. And, Humphreys added, such studies typically don’t consider what economists call the “substitution effect.”

“As sport- and stadium-related activities increase, other spending declines because people substitute spending on sports for other spending,” Humphreys said. “If the stadium simply displaces dollar-for-dollar spending that would have occurred otherwise, there are no net benefits generated.”

In the end, Humphreys said, while a professional sports team may not be the golden goose that city leaders in the nation’s capital and elsewhere may hope for, there are some benefits to having a home team.

“A baseball team in D.C. might produce intangible benefits,” Humphreys said. “Rooting for the team might provide satisfaction to many local baseball fans.”

However, he added, “that is hardly a reason for the city government to subsidize the team. D.C. policymakers should not be mesmerized by faulty impact studies that claim that a baseball team and a new stadium can be an engine of economic growth.”

AWARD RECOGNIZES FACULTY EXCELLENCE

Dr. Karl Rosengren of the Department of Kinesiology was selected as this year's recipient of the King J. McCristal Distinguished Scholar Award. Professor Rosengren has an accomplished record which is well-funded through competitive grant applications and published in the highest quality journals of psychology, gerontology, and kinesiology.

"What is truly remarkable about Dr. Rosengren's research is his ability to draw empirical evidence from a variety of different domains, both motor and cognitive, in order to arrive at conclusions about the principles underlying change and variability in human behavior," shared kinesiology department head Wojtek Chodzko-Zajko. "A characteristic of his work is the ability to bring together research from diverse areas and to consider a wide range of theoretical perspectives. A major component of the research agenda at the University of Illinois at Urbana-Champaign has been the development of interdisciplinary, cross-campus research collaborations. Dr. Rosengren's creative, flexible, theory-driven research agenda is highly consistent with this approach."

In addition to his research, Dr. Rosengren has been recognized for his teaching and service with numerous awards, including multiple recognition on the "Incomplete List of Excellent Teachers."

As the King James McCristal Distinguished Scholar, Dr. Rosengren's name has been added to a permanent plaque displayed at the ALS Library, and he received a monetary award provided by the King McCristal Fund.



Bill Wiegand

Karl Rosengren

ALS FACULTY RETROSPECTIVE

KING J. MCCRISTAL (1907–1993)

KINESIOLOGY

King McCristal came from a modest background on the outskirts of Peoria, Illinois, where he was raised in a log cabin with a dirt floor. His father passed away when he was only eight years old, and his mother survived just long enough to see King's 16th birthday. Though he was virtually penniless, he managed to enter the University of Illinois in 1925, graduating with his bachelor's degree in Physical Education for Men in 1929. With his undergraduate degree firmly in hand, King continued his studies and embarked on a remarkable career in physical education.



He followed up his undergraduate studies with a master's degree in 1931, and then obtained his doctorate from Columbia University. In 1961, Seward Staley lured McCristal away from his very distinguished career at Michigan State University and recruited him as the new dean of the College of Physical Education at the University of Illinois. It was a short distance from Peoria, where McCristal grew up, but a world away from the log cabin he had left in the 1920's when he first became a student at the U of I.

Among his many contributions was his role in the Big Ten Body of Knowledge Project, a long-term project that helped codify knowledge in the fields of exercise, sport, dance, and play, and which charted the course for future scholarship. During his tenure as dean the College enjoyed tremendous growth and change. The rehabilitation program joined the College, and a research wing in Freer Hall was built. Among his important accomplishments was the conception, funding, and construction of the Intramural-Physical Education Building (IMPE), which was a landmark for its time. He was also widely recognized in his field, having been named a Fellow in the American Association for Health, Physical Education and Recreation; the American College of Sports Medicine; the College Physical Education Association; and the American Academy of Physical Education. He stepped down as dean of the College in 1973 to return to full-time teaching and research until his retirement in 1975.

Through an endowed fund established by Dr. McCristal in 1987, the College of Applied Life Studies awards an annual King J. McCristal Distinguished Scholar Award. The award remains one of the most prestigious forms of faculty recognition that the College of Applied Life Studies bestows.

DSO HONORS ALUMNI

DIVISION OF DISABILITY RESOURCES AND EDUCATIONAL SERVICES



Delta Sigma Omicron recently honored three University of Illinois alumni at their annual awards ceremony. **Brian Estes** (BS '90), left, shown with DRES founder Tim Nugent, received the Harold Scharper Achievement Award. **Mary Jane Wolfe** (BS '73) and **Tom Jones** (BS '59, MS '71), shown together in the photo on the right, were also honored, with Wolfe receiving the Harold Scharper Service Award, while Jones was recognized with the DSO Honorary Life Membership Award in recognition of his long-time support of their organization.



photos by Curt Beamer

PHYSICALLY FIT CHILDREN EXCEL IN THE CLASSROOM, CONTINUED

Hillman's primary research focus is on executive control and cognitive function in elderly adults, which involves studying the effects of exercise on older individuals' abilities to process complex mental tasks.

Together, with assistance from graduate student Sarah Buck, Castelli and Hillman conducted a series of studies with school-aged children and control groups of adults. Data were gathered on subjects' physical attributes (height, weight, body mass), fitness levels and cognitive abilities.

Much of the data was collected first-hand by going into local schools. Working with the cooperation of physical education teachers in Champaign's Unit 4 school district, the researchers measured the physical fitness of some 500 third-, fourth- and fifth-graders. Using the "Fitnessgram," which Castelli said is widely regarded by physical education researchers as a reliable field assessment tool, they measured subjects' aerobic capacity, flexibility and muscle fitness. Cognitive function was determined by analyzing scores on standardized academic performance tests (the Illinois Standard Achievement Test) and by observing and measuring neuroelectric and behavioral responses to stimulus discrimination tasks.

"We looked at the relationship between age and fitness from both a neuroelectric and behavioral perspective," Hillman said.

The researchers observed and recorded the subjects' ability to recognize, respond to, and discriminate between different visual stimuli using a "visual oddball" task. In that task, researchers present subjects with two stimuli; in this case, one was a cartoon drawing of a dog; the other, a cat. Both appeared with different probabilities – one was presented more frequently than the other.

When the researchers measured brain activation, "we found that fit children allocated more resources towards identifying stimuli, and also processed stimuli faster," Hillman said.

"Behaviorally, these effects showed up in that these fit children made fewer errors than sedentary ones," Hillman said. In terms of response speed, the fit children were still slower than fit and sedentary adults, but were faster than sedentary children, he said.

Hillman – who stressed the preliminary nature of their findings – said the research team is analyzing data for three related studies and plans to present a symposium on their findings this spring in Chicago during the national convention of The American Alliance of Health, Physical Education, Recreation and Dance.

"There's a lot of basic research that needs to go on before we can determine what underlies achievement," Hillman said.

Nonetheless, if scientists can demonstrate that increased levels of physical activity and exercise can have a positive effect on children's physical health and their ability to succeed academically, Castelli is hopeful that educators, school administrators, legislators and other policymakers will take note.

"Despite increased incidence of childhood obesity and type II diabetes mellitus, physical education time is being reduced to address academic issues related to federal 'No Child Left Behind' legislation," Castelli said. "If evidence existed that physical education contributed to intellectual development, it may gain credibility and instructional time."

THE TAFT HOUSE: THE SPEECH CLINIC'S FORMER HOME

SPEECH AND HEARING SCIENCE

Before the current Speech and Hearing Building was dedicated in 1977, the Department of Speech and Hearing Science was housed in the boyhood home of famous Illini sculptor Lorado Taft. The house, built by Taft's father in 1873 and one of the few structures remaining from the 1870s in the campus area, was saved from the wrecking ball in November 1981 when it was moved to its present location on campus at the southwest corner of Maryland Drive and Pennsylvania Avenue, a little west of Illini Grove, and fittingly, two blocks south of Lorado Taft Drive. However, for most of its existence it was located at the corner of Sixth and John Streets in Champaign, where it served as the central building for the Department of Speech and Hearing Science for many years.

The house was a typical 19th-century dwelling, with large rooms, porches on two sides, and attractively decorated with jigsaw ornaments that were characteristic of the domestic architecture of the period. Eventually the house was acquired by the University of Illinois, and not long after that it became home to the quickly expanding Speech Clinic, then directed by Severina Nelson.

The large home was well-suited to meet the needs of the department at that time. There was a large classroom space and group therapy room in the basement, while the first floor contained a secretarial area, a classroom, a group therapy room with one-way viewing, a faculty lounge, and two offices. The second floor contained a warren of small therapy rooms, a conference room, one large office for graduate assistants, and four other offices.

And although the house had certain peculiarities and fell into varying states of disrepair, with a basement ceiling that was supported by peeled tree trunks, many former



speech and hearing science students feel a warm connection to it. **Karen Darner** (BS '67, AM '68) recently shared her memories of the house: "That wonderful old, beat-up home of Lorado Taft was truly 'home' to those of us who daily trudged up the ramp or the stairs of the Speech Clinic on John Street. The cubicle-like offices of our supervisors were the environment for reviewing our lesson plans or charting our clients' progress, or drying our tears after a difficult time evaluating a small child or adult. Nothing can take away the memory of the basement therapy room. It was well-lighted, comfy, and had absolutely no soundproofing. The bathroom nearby provided intermittent "whooshes" to bring a smile to the faces of children and their therapists."

Today the house has been restored, and tree trunks no longer support the ceilings. Likewise, the Department of Speech and Hearing Science continues to thrive in its modern clinic with state-of-the-art facilities and equipment.

Today you can find the Taft House on campus at the corner of Maryland Drive and Pennsylvania Avenue.

GRADUATE STUDENT RECEIVES MAJOR AWARD

RECREATION, SPORT AND TOURISM

Gongmei Yu, a graduate student in Recreation, Sport and Tourism, was selected along with her advisor, Professor Zvi Schwartz, as the recipient of the Best Conference Paper Award at the Annual Conference on Graduate Education and Graduate Student Research in Hospitality and Tourism, which was held in Myrtle Beach, South Carolina in January 2005. Gongmei's paper, entitled "On the Accuracy of Fuzzy Time Series and Grey Theory Models of Tourism Demand Forecasting," was selected from among more than 250 submissions. Gongmei is a master's student who has previously worked in weather forecasting in China. Her research focuses on improving

the accuracy of tourism forecasts, a crucial element in predicting the economic viability of the industry, and consequently the revenues the industry generates to support the many communities that rely on it.

"Being still a master's student, Gongmei's achievement is remarkable," shared Dr. Schwartz. "This is a major conference with the winner chosen by an external committee composed of some of the world's leading tourism researchers. It is a great honor and I am very pleased for Gongmei that her scientific innovativeness and the importance of her work were recognized so early in her academic career."



Gongmei Yu with her advisor, Dr. Zvi Schwartz.

STUDENTS GAIN EXPERIENCE AT NATIONAL CONFERENCE

COMMUNITY HEALTH

Students in Community Health participated in presentations and poster sessions at the national American Public Health Association conference, held this past November in Washington, DC. Over 14,000 public health professionals from around the world came together to share the latest in public health research and practice. Many of the

more than 900 scientific sessions focused on the meeting's theme, *Public Health and the Environment*. Other sessions dealt with a full range of pressing public health issues, including emerging infections, preparedness, access to care and health disparities.

Students presenting from the U of I included Viviana Abuchar, a master's degree student in community health administration; Lauren Nyhan, a senior in community health administration; Ellie Djavid, a master's degree student in community health; Kathy Bartoli, a master's student in occupational therapy at UIC; and Michelle Nguyen, a master's degree student in community health.

"The conference was a fascinating experience," shared Lauren Nyhan. "It provided me with exposure to examples of successful professionals, business ventures, and academic programs in the field that I had not previously encountered or considered. It was also an opportunity to work closely with Dr. Susan Farner preparing for the conference, an opportunity that isn't often available to undergraduates at large universities."

To read more about their presentations, visit the APHA website at www.apha.org/meetings, where abstracts and a complete listing of presentations are available to view.



Michelle Nguyen with her display at the APHA conference poster session.

GARRET SCHOLARSHIP AWARDED

DIVISION OF DISABILITY RESOURCES AND EDUCATIONAL SERVICES

Jeff Townsend was honored as the 2003-2004 recipient of the Maxwell R. Garret Scholarship. Pictured with Jeff are Coach Garret and his wife, Diana, who returned to campus last spring to attend the All Sports Awards Banquet where Jeff was recognized. The scholarship originally intended for members of the U of I fencing team now supports student athletes with disabilities. This past fall, a fund raising campaign spearheaded by former fencers **Peter Tomaras** (AB '57), and **Art Schankin** (BS '58), resulted in 42 new gifts totaling \$6,530 to the Maxwell R. Garret Scholarship Fund.

"Although it has been a number of years since Coach Garret was leading the U of I fencing program, it is clear that his impact has not been forgotten," said Brad Hedrick, director of the Division of Disability Resources and Educational Services. "The generous response from former fencing Illini speaks to his legacy, and we are thrilled that Coach Garret's impact is continuing through support of these exceptional and deserving student athletes."



ALS ALUMNI FEATURED ON NATIONAL TELEVISION SPOTS

ALS FACULTY IN NATIONAL MEDIA

To understand the broad societal relevance of the mission of the College of Applied Life Studies, one only has to review a list of national media outlets that have carried stories about the research of our faculty. In the last several years, faculty in ALS have been featured on national television programs such as the Today Show, 20-20, and CNN. The list of print publications that have carried features on our faculty is equally impressive, with major stories appearing in:

- ▶ Newsweek Magazine
- ▶ New York Times
- ▶ Washington Post
- ▶ Miami Herald
- ▶ Los Angeles Times
- ▶ New York Newsday
- ▶ New York Daily News
- ▶ Atlanta Journal-Constitution
- ▶ Baltimore Sun
- ▶ Detroit Free Press
- ▶ Chicago Tribune
- ▶ Chicago Sun-Times
- ▶ USA Today
- ▶ Toronto Star
- ▶ The Mirror (U.K.)
- ▶ The Times (London, U.K.)
- ▶ Indianapolis Star
- ▶ Seattle Times

You may have noticed that televised Fighting Illini games have featured some very “Illini” public service announcements. Several outstanding alumni are featured in the announcements, which are shown at halftime of the games, including two graduates of the College of Applied Life Studies. **Rainer Martens** (PhD ’68) and wife **Julie** (PhD ’77) each reflect on their time at the University of Illinois and how it helped shape their lives and careers. Rainer, a former faculty member in the department of kinesiology, is president and founder of Human Kinetics Publishers, the world’s largest publisher of books, journals, videos, and software in the sports and fitness field. Julie is the executive vice president and co-owner of the company.



SENIOR SURVEY PROVIDES VALUABLE FEEDBACK ON ACADEMIC EXPERIENCE

Soliciting feedback is an important way for businesses to assess how well they are meeting customer needs. It is equally important in higher education. Since 1989, the University of Illinois has asked graduating seniors to complete a survey before leaving campus to identify how students feel about their educational experience as undergraduates. The survey is implemented and summarized by the campus Center for Teaching Excellence. Students from Applied Life Studies consistently respond positively to many of the indicators, often exceeding the campus mean.

ALS seniors from the class of 2004 rated the following indicators at least 4 or higher (on a scale of 1 to 5 with 5 equal to “high satisfaction”):

- ▶ Quality of teaching by faculty in your major
- ▶ Quality of academic program advising and information
- ▶ Access to courses and course sections in majors
- ▶ Accessibility of faculty
- ▶ Communication between faculty and students regarding student needs
- ▶ Library system
- ▶ Ease of getting involved in student groups and activities
- ▶ Exposure to different student backgrounds and cultures

The seniors also indicated a high degree of satisfaction with their major and overall educational experience.

“We pride ourselves on the quality of the academic experience provided in the College of Applied Life Studies,” said Dean Tanya Gallagher. “It’s reassuring to know that that our students recognize and value this experience which will provide the foundation for their lifelong success.”

MARIANNA TREKELL

1926–2004

Marianna Trekell, professor in the former Department of Physical Education, died October 11, 2004. She taught numerous classes throughout her 30 year career, especially those relating to the history of sport.



“Marianna was a pioneer in oral history research,” shared former PEW head Alyce Cheska. “She advanced the knowledge about our women pioneers in physical education and expanded the then sparse understanding of the role they played. She was a people person, a dedicated teacher and friend to all.”

Marjorie Harris, a colleague and close friend, remembers Marianna as someone who remained very involved with her students. “She continued to support and encourage them, years after they graduated from the U of I.”

Dr. Trekel received her B.A. degree from Iowa State Teachers College and M.A. and Ph.D. from the University of Ohio. Some of Dr. Trekel’s many accomplishments included AAHPERD Honor Award, LAHPER Service Award, Who’s Who of American Women, and past president of NAPECW. Shortly before her death she was named as a charter member of the Hall of Excellence at the University of Northern Iowa.

JODY DAVENPORT

1933–2004

Joanna “Jody” Davenport, professor in the former Department of Physical Education, died October 16, 2004. She was a well-respected scholar in the history of sport, particularly tennis, the modern Olympic games, and the role of women in sports. Jody received a bachelor’s degree from Skidmore College, a master’s degree from Smith College, and her doctorate from The Ohio State University.

“Students bonded to her happy, enthusiastic forthrightness,” shared Alyce Cheska. “While here, Jody honed her professional leadership on a national level, contributing to historical research and publications in our field. She had the knack of explaining things simply which led to presentations at many professional conferences.”

Jody was a member of numerous athletic organizations and held leadership positions in many of them. In addition, she was the first visiting professor for physical education at the U.S. Military Academy at West Point and a member of the U.S. Olympic Committee’s Education Council from 1977 to 1985.



KINESIOLOGY STUDENT HONORED AT CONFERENCE

KINESIOLOGY



Brianne Lesch and
Dr. Gerald Bell.

Brianne Lesch, a senior in kinesiology with an athletic training concentration, was awarded the Dr. Richard Dominguez Scholarship at the Illinois Athletic Trainer’s Association state meeting this past November. Brianne has provided clinical services for several U of I pro-

grams, including football, women’s track, tennis, swimming, softball, the SportWell Clinic, and women’s soccer, where she serves as head student athletic trainer.

“Brianne is a dedicated student of the athletic training profession,” shared Dr. Gerald Bell, the director of the Athletic Training Program. “She has provided classroom dynamics and is a people person as well as a strong academic student who will be an asset to any athletic training service program.”

CONNECTING WITH NORTH SHORE ALUMNI

SPEECH AND HEARING SCIENCE

Speech and hearing science alumni gathered for brunch and a time of reminiscing last fall in Wilmette, IL. The event was hosted by **Judith LeDuc** (BS '70, AM '71) and **Karen Buy Ruberry** (BS '72, AM '73). Sharing stories about favorite professors and early clinical experiences was the conversation of choice.

Current doctoral student **Nicole Nungesser** (BS '01, AM '03) spoke about her experiences at Illinois and the importance of alumni involvement.

"University of Illinois alumni have played a significant role in my academic endeavors," shared Nicole. "Not only have they helped fund my dissertation research, but they have provided me with the opportunity to 'learn by doing' in various educational activities that transcend the classroom. I greatly value both the top notch education this university has provided me and the sense of community that has been created by students, faculty members and alumni. I am positive that I will leave this university with both the academic knowledge and support system to succeed in whatever the future may hold."



Alumni and guests at a recent speech and hearing alumni brunch included (back row): Assistant Dean Sara Kelley; Nicole Nungesser, BS '01, AM '03; Karen Buy Ruberry, BS '72, AM '73; Ron Chambers, Head of Speech and Hearing Science; and Kathie Kennelly, AM '71, PhD '76; Front row: Tanya Gallagher, BS '67, AM '69, PhD '71, Dean, College of Applied Life Studies; Norma Margolis, BS '73, MS '74; Judith LeDuc, BS '70, AM '71; Barbara Nathanson, MS '81; Nancy Lawton Eisenberg, BS '72, AM '73; and Anka Popovic-Krstic, BS '72, AM '73. Not pictured: Perrie Marks Kominsky, BS '69.

CLINIC STAFF MEMBER HONORED UPON RETIREMENT

SPEECH AND HEARING SCIENCE

Diane Siegle Ore retired from the University of Illinois in August 2004, following many years of dedicated service to students in speech and hearing science. A recognition dinner held last fall was attended by numerous faculty, friends, and former students.

As a member of the clinical staff, Diane taught clinical methods to graduate and undergraduate students and coordinated school internships for speech-language pathology graduate students. She was also the Program Coordinator in Speech-Language Pathology for the Council on Teacher Education. Her special clinical interests included diagnosis of speech-language disorders, developmental verbal apraxia, preschool speech-language disorders, and school-based practices.

"Diane's contribution to the speech clinic has been enormous," shared former student **Wendy Hollis** (BSW '91, AM '95). "She modeled how to do research when she was unfamiliar with a client's disorder. After years of dedication, it is difficult to imagine the U of I's speech clinic without her."

Those wishing to honor Diane Ore's retirement are encouraged to make contributions to benefit the speech

and hearing clinic. Checks should be made payable to the University of Illinois Foundation/Dept of Speech and Hearing Science and mailed to: P.O. Box 3429, Champaign, IL 61826. Please indicate that your gift is in honor of Diane Ore.



Wendy Hollis and Diane Siegle Ore.

This report recognizes all contributions to the College of Applied Life Studies for the fiscal year ending June 30, 2004. Although every effort is made to ensure accuracy, errors may occur. If we have omitted your name or listed your name incorrectly, please contact the Office of Development and Alumni Relations, College of Applied Life Studies, 1206 South Fourth Street, Champaign, IL 61820; telephone (217) 244-6600.

PRESIDENTS COUNCIL MEMBERS

The College of Applied Life Studies recognizes members of the University of Illinois Foundation Presidents Council for their commitment to strengthening the University's excellence. We are truly grateful to the following Presidents Council members who have provided significant lifetime contributions to the University and the College of Applied Life Studies and to those who supported the College July 1, 2003–June 30, 2004 with an annual fund gift of \$100 or more.

The Laureate Circle

Members who have subscribed one million dollars or more

Jerry and Joan E. Colangelo
Chester W. and Nadine C. Houston
Kim C. and Michelle Pollock

The Pentad Circle

Members who have subscribed five hundred thousand dollars or more

Carol L. Chittenden and William A. Chittenden II
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Gerald A. and Nancy C. Spinner
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*Your gracious award was not only
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*As the fifth of ten children, the
 responsibility of paying for my college
 education is up to me. It has been
 my dream to attend the University of
 Illinois, and this scholarship has been
 a huge help in allowing me to do so.
 I cannot thank you enough for your
 contribution to this scholarship.*

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*Words cannot describe my gratitude.
It is nice to know that in today's
world people who work hard are still
rewarded. Thanks to you and your
family, you have made that possible.*

—ELAINA TUCKER, SENIOR IN RECREATION,
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► **\$78 to purchase *Muscular Dystrophy Sourcebook*.** This sourcebook is a basic reference suitable for undergraduates or general health consumers who are beginning their research. It reviews the many types of muscular dystrophy, and facts are provided about the diagnosis, treatment, and management of muscular dystrophy, along with information about parenting issues, physical and respiratory therapy, pain management, feeding tubes, disability information, a glossary, and directories of additional resources. It is part

of the *Health Reference Series*, published by Omnigraphics. Other volumes in the series that are also needed include: *Movement Disorders Sourcebook*, *Obesity Sourcebook*, *Rehabilitation Sourcebook*.

► **\$125 to purchase *Clinical Disorders of Balance, Posture and Gait, 2nd edition*.** The second edition of this definitive text covers all clinical aspects of human locomotion and its disorders. Multidisciplinary in authorship and approach, it covers all the important clinical areas. Updated and revised throughout, the book has been expanded to allow for increased knowledge on the subject. Important changes for the second edition include: new chapters on techniques for gait analysis, peripheral neuropathies and dizziness.

► **\$203 to purchase the *Test of Phonological Awareness—Second Edition: PLUS (TOPA-2+)*, 2004.** The TOPA-2+, a revision of the popular *Test of Phonological Awareness*, is a group-administered, norm-referenced measure of phonological awareness for children ages 5 through 8 years. The TOPA-2+ has two versions: one for kindergarten and one for early elementary. Both versions measure young children's ability to (a) isolate individual phonemes in spoken words and (b) understand the relationships between letters and phonemes in English. The latter skill was not assessed by the original TOPA and is the reason the PLUS was added to the title. This assessment kit is one of many that is examined by students in speech and hearing science during their coursework.

► **\$1,500 for *Hospitality & Tourism Index*.** This is a bibliographic database covering scholarly research and industry news relating to all areas of hospitality and tourism. This collection contains more than 470,000 records from 500 titles, with coverage going back to the early 1960s. Topics include demographics and statistics, hotel management, food service and beverage management, travel and tourism, event management, gaming, international cuisine, law, market trends, research and more.

ALS SPRING 2005 EVENTS

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|---|---|
| Thursday, March 31 Student Alumni Career Night | 5 p.m. Huff Auditorium/Seminar Room |
| Friday, April 1 ALS Alumni Board Meeting | 10 a.m. 121 Huff Hall |
| Friday, April 8 John O'Neill Lecture | 1 p.m. Huff Auditorium |
| Saturday, April 15 ALS Mom's Day Brunch | 10 a.m. Huff Auditorium/Seminar Room |
| Wednesday, April 20 Speech and Hearing Science Awards Program | 7 p.m. Illini Union |
| Thursday, April 21 DRES All Sports Award Banquet | 6 p.m. Park Inn, Urbana |
| Friday, April 22 Recreation, Sport and Tourism Awards Program | 6 p.m. Holiday Inn, Urbana |
| Wednesday, April 27 Kinesiology Honors and Awards Program | 7 p.m. Levis Faculty Center |
| Friday, April 29 Community Health Awards Brunch | 10 a.m. Peabody Private Dining Hall |
| Saturday, May 14 ALS Convocation | 9:30 a.m. Assembly Hall |

For more information, contact the ALS Office of Development and Alumni Relations, 217-244-6600, alumni@als.uiuc.edu.



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