



Remembering Our Past...

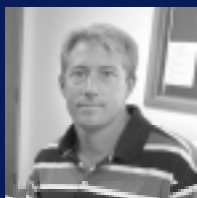
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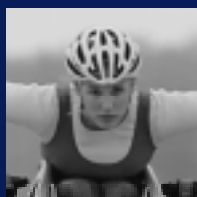
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Message From the Dean

In this issue of the *ALS Newsletter* we are looking ahead to the promise of a new academic year, while also reflecting on our past.

You'll notice that we are featuring profiles of some of our former faculty members. William Creswell, Charles Brightbill, Laura Huelster, and Willard Zemlin, preeminent scholars in their respective fields, contributed so much to the long tradition of academic excellence in the College of Applied Life Studies. We are proud to recognize them in this issue. It's important to remember and take pride in the outstanding scholars who helped to establish the fine reputation of this College. We cannot recognize all of the distinguished former ALS faculty in one issue of the newsletter, so look for future "retrospective profiles" in upcoming issues.

Building on this rich legacy, we also take pride in our current accomplishments and those we anticipate in the near future. Applications for admission to ALS programs increased by 54.5% from Fall 2002 to Fall 2003, an increase from 398 applicants in Fall 2002 to 615 for Fall 2003. No other college on the Urbana campus had an increase in freshman applicants that exceeded 12% growth. Even more significantly, this increase in number of applicants was accompanied by a parallel increase in student quality. Due to a strong applicant pool, admission criteria for ALS have increased markedly. Our teaching, research and public engagement activities continue to grow and we are proud of our efforts that address pressing societal needs to enhance the nation's health and well-being.

Later this fall we are looking forward to moving into our newly renovated space in Huff Hall. In addition to several modern research laboratory facilities, the space will include a state-of-the-art lecture hall, a seminar room, a new administrative office suite, and new offices for faculty. The renovations will also increase accessibility to the second floor of Huff, something that has long been a priority. If you are back on campus, please visit Huff Hall to see our new space. We have several opportunities for alumni to join us on campus this fall, including Homecoming on October 25, and the Illini 3D program on November 21-23 which honors women who participated in sports at the U of I prior to 1974.

I'd like to invite you back to campus to join us in one of these activities or just to stop in and visit. We look forward to seeing you!



Tanya M. Gallagher



Dean Tanya M. Gallagher



The *ALS Newsletter* is produced semi-annually by the Office of Development and Alumni Relations, College of Applied Life Studies, for the benefit of our alumni, faculty, staff, students, and others with an interest in the College.

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ALS Faculty Retrospective

In this issue of the *ALS Newsletter* we are featuring profiles of distinguished faculty from the past. Since 1895, when the department of physical education was first established at the University of Illinois, the faculty in our college have made significant scholarly contributions to their respective fields. In this issue we are featuring one faculty member from each of our academic departments—Community Health, Kinesiology, Leisure Studies, and Speech and Hearing Science. Look for more profiles in future newsletters.



Female Athletes to Be Recognized

The University of Illinois Division of Intercollegiate Athletics is honoring female athletes who competed for the school prior to the advent of Title IX. The Illinois 3D program will “commemorate visionaries in women’s athletics” over the weekend of November 21-23. On Saturday, November 22, the College of Applied Life Studies and the U of I Alumni Association will host a post-game reception at Freer Hall immediately following the football game. Those who either competed or know of someone who competed in intercollegiate Illinois women’s sports prior to the 1974-75 academic year can officially register for the program on www.fightingillini.com or by calling Coordinator of Special Projects Tom Porter at 217-244-2771 or through e-mail at Illinois3d@fightingillini.com.



T.K. Cureton Physical Fitness Research Award

David Marquez, a graduate student in Kinesiology, was the recipient of the 2003 T.K. Cureton Physical Fitness Research Award. Dr. Thomas K. Cureton (1901-1992), often referred to as the “father of physical fitness,” was an internationally known scientist at the University of Illinois who played a crucial role in the development of the fitness movement in America. The award is supported through gifts made by Dr. Cureton’s wife, Portia, and friends and alumni of the Department. Pictured left to right: David Marquez, Dr. Cureton’s colleague Fred Kasch (BS ’35, MS ’37), and Mrs. Portia Cureton (MS ’45).

Schedule of Events

- **Friday, November 21:**
 - 1-4 p.m. Athletic Facilities/Campus Tours
 - 5-7 p.m. Reception at Bielfeldt Athletic Administration Building
 - 7 p.m. Women’s Basketball vs. Wayne State
- **Saturday, November 22:**
 - TBD Pre-Game Varsity “I” Tailgate
 - TBD Illini Football vs. Northwestern
 - Post-Game Party* at Freer Hall immediately following game
 - *hosted by the College of Applied Life Studies & the U of I Alumni Association*
 - 7 p.m. Men’s Basketball vs. Western Illinois
- **Sunday, November 23:**
 - 11:00am-2:00 p.m. Recognition Banquet at Assembly Hall

Student/Alumni Career Night

ALS alumni met with current students to offer advice about career options at the annual ALS Student/Alumni Career Night. Pictured from left to right: Connie Johnson (BS ’70), Kevin Bewley, Erin Brown, David Bobert (BS ’71), Lu Ann Walker Maddox (BS ’74, MS ’76), and Melissa Peterson.





Creswell Graduate Student Award

The first William H. Creswell Graduate Student Award was presented to Elena Rhoads at the Community Health Awards Brunch on May 8, 2003. Seated left to right: Elena Rhoads, Jean Creswell, Ann Nolte. Back row: department head Janet Reis, Kitty Creswell (AB '84), William Creswell III (BFA '79, MS '79), and Peter Mulhall (PhD '94).

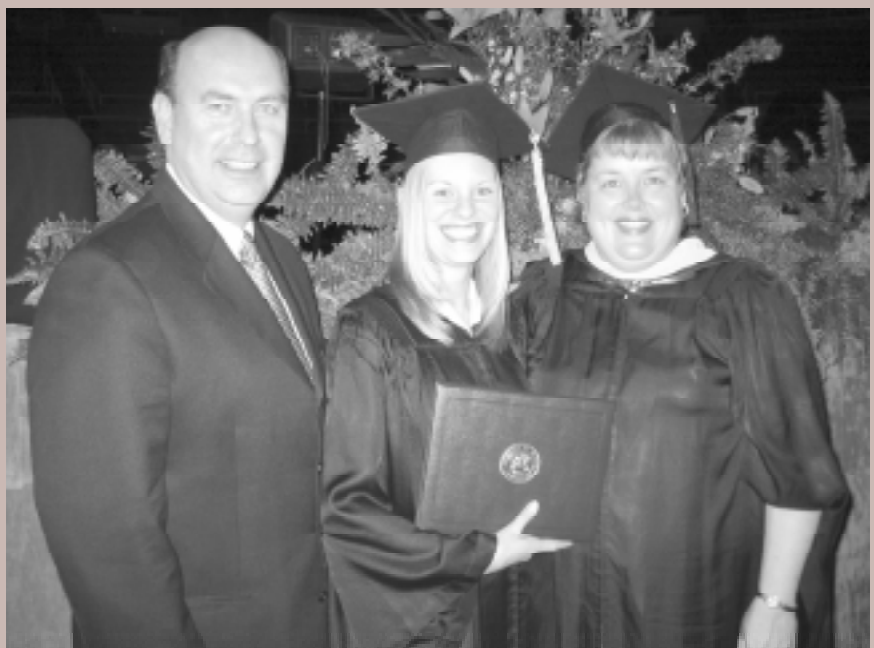
Community Health Leadership Award

Paula Williams, Aisha Ahmad and Richard Bajner were recently honored with the Community Health Leadership Award. The annual award is partially funded by Community Health alumnus Harold Wimmer (BS '77, MS '78). Pictured with department head Dr. Janet Reis are Aisha Ahmad (left) and Richard Bajner (right).



"We should all feel honored for having the opportunity to receive an education from the College of Applied Life Studies, because whatever our future holds, the College of Applied Life Studies has helped to start us on the road to success. Somehow I feel as though being a part of this college community has set me apart from all the rest, and I am proud to have been a part of this great University."

—MICHELLE SCHEID, FROM HER ADDRESS AT THE ALS CONVOCATION CEREMONY, MAY 17, 2003.



Michelle Scheid, a 2003 Community Health graduate, shown with her father T.K. and Community Health advisor Carol Firkins, addressed the 2003 ALS graduating class at the college convocation ceremony on May 17, 2003. Over 400 degrees were conferred in the ceremony, which was held at the Assembly Hall.

ALS Faculty Retrospective: William H. Creswell

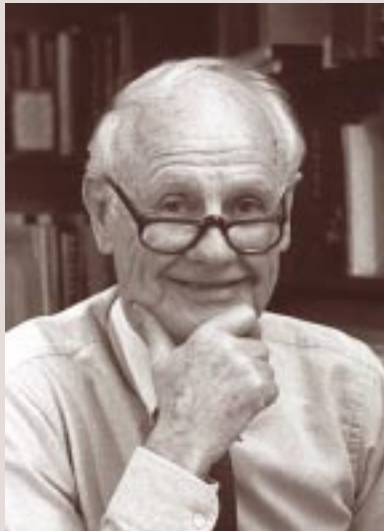
William Creswell was a major force in the evolution of comprehensive health education in schools. He was instrumental in the advance planning which led to the nationwide research and curriculum development project, the School Health Education Study. Several of his widely quoted writings emanated from invitational conferences, and he was honored and recognized with numerous awards and citations by university, state, national and international groups.

In 1962, Dr. Creswell became Professor of Health Education at the U of I, and was head of the Department of Health and Safety Studies from 1970 through 1980. He also had a cross appointment as Professor of Health Education in the School of Public Health at the University of Illinois, Chicago. He retired from the University in 1989 after nearly 30 years of contributions to teaching, research and services, but remained active in various scholarly activities, including serving as Principal Investigator of the U.S. Department of Education Drug Free School Project, and co-authoring *School Health Practice*, the leading textbook on the subject of school health for elementary

and secondary teachers and administrators and health service personnel.

At the U of I, Dr. Creswell waged a professional campaign to document differences education can make to smoking behavior, especially among elementary and high school youth. He was invited to include a report on youth and adult education in the U.S. Surgeon General's report on smoking in 1979, in which he wrote about the role of schools in education about the hazards of smoking. He blamed popular media for encouraging teenage smoking, initiating a discussion that continues to be a major issue.

As a widely recognized leader in both school and community health education, Dr. Creswell was involved in virtually every national invitational conference and movement over nearly four decades which required his expertise, support or both. In 1991 one supporter of his nomination for the Society of Public Health Education Distinguished Fellow Award wrote, "Bill Creswell has touched the lives of many health education students around the world: from Australia to Alabama, Canada to Colorado, India and Indiana and Nigeria to New Zealand."



Illinois Rehabilitation Association Annual Meeting

Dr. Chrisann Schiro-Geist (standing at far left) was among those who met with students and alumni of Community Health at the annual meeting of the Illinois Rehabilitation Association in Springfield on May 5, 2003. Current students hosted a poster session at the meeting, which was attended by several alumni of the Master's in Rehabilitation program. Over 250 students have completed the program since its inception in 1987.



ALS Faculty Retrospective: Laura Huelster

During her 43-year tenure, including 17 years as department head, Laura Huelster had a major impact not only on women's athletics at the U of I, but was also known for her leadership in the changing role of women in physical education after World War II. A graduate of the U of I in 1927, Dr. Huelster began her career teaching physical education at Waukegan Township High School. In 1929 she returned to the U of I after developing an interest in the new field of kinesiology, and pioneered such applications as college courses in movement fundamentals, the use of kinesiology as a teaching tool, and movement notation in the physical education curriculum.

In 1951 she became the head of the department of Physical Education for Women. She encouraged



the construction of the new wing of Freer Gym (now Freer Hall). Her basic concern was to develop a quality program and as a result the U of I physical education department developed into one of the finest in the country. Dr. Huelster co-authored three books and wrote over twenty professional journal articles. Dr. Huelster resigned as department head in 1966 to return to teaching and advising graduate students. She retired

in 1972.

According to the AAHPERD, Dr. Huelster was instrumental in establishing national sports tournaments for women and in bringing about the mergers of men's and women's physical education programs. She also introduced the use of televised instruction for physical education.

Tai Chi May Benefit Older People

As they age, people tend to become more prone to slipping, tripping and falling. And the results of such missteps and tumbles sometimes can be catastrophic.

That's why movement researchers are increasingly focusing on the physiological effects and potential health benefits associated with Taiji—or Tai Chi, as it is more commonly known in the United States. An ancient Chinese martial art, Tai Chi combines aspects of movement and meditation; those who practice it claim to derive a variety of beneficial effects—physical as well as mental and spiritual.

Karl Rosengren, a professor of kinesiology and of psychology at the U of I, has been conducting research on “exploring and understanding how Tai Chi can serve as an intervention”; on developing methods for measuring physical changes among older adults practicing Tai Chi regularly; and on determining appropriate strategies for intervention.

Rosengren said results of a recent study, referenced in a report that appeared in the August issue of the *Journal of the American Geriatrics Society*, “suggest that intervention programs that use Tai Chi should be at least four months long for individuals to achieve a moderate level of Tai Chi skill.”

Another study, which sought to examine the effects of

Tai Chi training on knee-extensor strength and force control in older individuals, will be published in the October issue of the *Journal of Gerontology: Medical Science*. “Results of this study found that older individuals can become stronger and have a better force control with the knee extensors following Tai Chi training.” In other words, Rosengren said, Tai Chi appears to build lower-body strength and result in better, more targeted control of a person's movements.

“One way to think about it is, when we move through the world, muscles function to get us from Point A to Point B,” he said. “We go up stairs and usually don't trip, for instance. But one thing that happens as we get older is that our ability to produce the correct level of force to achieve our desired movement declines. Tai Chi seems to improve the ability to control force.”



Karl Rosengren

Bill Wiegand

National Blueprint and Initiative on Aging Receive Additional Funding

The National Blueprint initiative, supported by more than 50 national organizations, has recently identified 18 important strategies for increasing physical activity levels among midlife and older adults. The National Blueprint Office at the University of Illinois provides technical support to organizations and coalitions that support the Blueprint mission at the local, state and national levels, and recently awarded \$473,000 to 20 community organizations to fund innovative physical activity projects for adults over age 50.

The Initiative on Aging at the University of Illinois contributes to the knowledge of the aging process and its impact on individuals and society for the purpose of improving the quality of life for older adults and reducing healthcare costs. The Initiative received \$200,000 from U of I Chancellor Cantor to facilitate interdisciplinary research collaborations across campus. Extramural projects in the area of aging are fostered through incentive grants to junior and senior faculty. The Initiative currently includes the Colleges of Agricultural, Consumer and Environmental Sciences, Applied Life Studies, Engineering, Liberal Arts and Sciences, Medicine and Veterinary Medicine

In June, the Initiative held its first conference at the Beckman Institute here at the University of Illinois. Guest speakers from across the country presented their research in the area of aging. This conference was open to all those interested at no cost and plans are to make this an annual event.



Athletic Training Reception

Graduates of the athletic training program at the University of Illinois gathered for a reception in St. Louis on June 25, 2003, at the National Athletic Trainer's Association annual meeting. Pictured left to right: Sue Hageman (BS '83), Jean Bagel (BS '80, MS '88), Rod Cardinal (MS '77), Bruce Romain (BS '75), and Elizabeth Donahue (BS '86, MS '87).



Jeffrey Woods

Researching How Exercise Raises Immunity

An increasing number of doctors and other health experts have been encouraging older adults to rise from their recliners and go for a walk, a bike ride, a swim, or engage in just about any other form of physical activity as a defense against the potentially harmful health consequences of a sedentary lifestyle.

“Exercise is touted as a panacea for older adults,” said **Jeffrey Woods**, a kinesiology professor at the U of I, who noted that fitness programs are routinely recommended for people with various health problems—from diabetes to heart disease. Health experts generally recognize that this population benefits from physical fitness, he said. What they don't know is why exercise appears to have certain preventive and restorative health effects. Also unknown is what—if any—relationship exists between exercise and immune functioning.

“Despite the numerous benefits of exercise—for example, improving cardiovascular and muscular fitness—we know very little about how exercise affects the immune systems of older adults,” Woods said. “Good, bad or indifferent, this information could have important public health consequences for our aging population.” For that reason, Woods and colleagues in the University's kinesiology department are conducting research that seeks to establish the link between exercise training and immune function. The field, he said, is still in its infancy, with Illinois researchers among those who are defining it.

Travel Writers Often Distort Reality

Picture this: You're on vacation in Portugal, strolling through the winding streets of a quaint village, described in a travel story you read in your hometown newspaper as an "enchanted paradise ... where time stands still." Suddenly you witness two locals engaged in a loud, boisterous verbal exchange, which you perceive as some kind of argument.

In that situation, the average American tourist might get nervous, said **Carla Santos**, a professor of leisure studies at the University of Illinois. "You would probably think they are fighting," Santos said. But in reality, the pair probably is having a friendly, though animated, discussion. The tourist's disconnect with reality is easy to trace, however. That's because, according to Santos, our perception of the culture is likely shaped by accounts of travel writers, who tend to perpetuate certain myths and stereotypes about tourist destinations, who rarely interact with natives of the culture, and as a result, portray countries and cultures in limited, unrealistic and sanitized terms.

Santos notes that travel writers are often subsidized by convention and visitors bureaus or other vested interests in the locales they write about. Therefore, their reports more closely resemble marketing and advertising, rather than objective reporting. And, as Santos observed in her research and analysis of travel reporting on Portugal, which she presented recently at a meeting of the Travel and Tourism Research Association in St. Louis, writers also tailor their accounts to their audience, framing their reports in ways that conform with the cultural expectations and biases of their audiences. The result, she said, is "negative effects for both sides"—tourists as well as native populations.

"We, as tourism researchers, need to call into question these interpretations," Santos said. "There needs to be a plurality of voices—including local voices—along with more education. Tourists need to be provided with alter-

native viewpoints. And if the goal is to understand the culture, you, as the tourist, need to go beyond narratives by travel writers. Otherwise we just have one big Disneyworld."

But, Santos believes, most tourists have little interest in

digging deep into their host country's economic, social or political roots and becoming acquainted with the everyday realities of its people. "Tourists want to be able to talk to locals in the context of servitude ... for instance, 'What can you do for me?' The possibility for a political discussion, however, rarely occurs."

And that's unfortunate, she said, particularly in light of what she refers to in an article scheduled for publication in an upcoming edition of the journal *Annals of Tourism Research*, as "the decline in amount and authority of international news, that has led some to argue that our understanding of the world is increasingly produced and dependent on such non-fiction entertainment as travel writing. Since news media manufacture representations and images of the social world," she wrote, "then travel writing contributes to the definition of a destination's social reality."

The key to reframing that reality, Santos believes, is increased media literacy among tourists.



Carla Santos

Bill Weigand

Students Develop Tourism Plan for Mounds Trail

Students in **Bruce Wicks'** Tourism Development class recently had the opportunity to receive hands-on experience by preparing a 39-page report on the Mounds Trail Tourism Development Project. The report represents an important first step in exploring the possibilities of creating a heritage trail between Cahokia Mounds and the Eads Bridge in East St. Louis. The goal of the project was to provide a prelimi-

nary assessment of the tourism potential for the proposed Mounds Trail that would then be employed to help secure funds and support for more refined planning and development. The student authors gained invaluable tourism development experience, and concluded the project by developing a four-phase outline for the next level of planning and development of the Mounds Trail project.



Diversity Research Lab Sponsors "Urban Immersion" Program

The Diversity Research Laboratory recently teamed with the American Embassy in Cyprus and the America-Mid-east Educational and Training Services Inc. (AMIDEAST) to sponsor a program for high school students from Cyprus. Dr. Monika Stodolska, director of the Diversity Research Laboratory, organized a "Lessons from multi-ethnic Chicago neighborhoods" program that was intended to expose students to inter-ethnic relations in the city of Chicago, familiarize them with local issues, and show them how intergroup tensions are being resolved in



the United States. The DRL put together an "urban immersion" program that took place on Saturday, July 12, 2003, and included tours of Chicago neighborhoods and a workshop to analyze the inter-ethnic relations within mixed neighborhoods of Chicago.

"I can safely say that the program has been a big success," said Dr. Stodolska. "It was an interesting experience to host international students who came to the United States to learn how to resolve ethnic conflicts and manage ethnic tensions. It was also worthwhile to us, as sometimes in our research on discrimination and ethnic conflict we forget that the United States *is* the ultimate multicultural society where most of the tensions are managed and resolved in a peaceful way and that people all over the world recognize us as an example of a tolerant society."

ALS Faculty Retrospective: Charles Brightbill

Charles Brightbill's legacy to humanity lives on in his writings and in the lives of the people everywhere who extend his influence toward an awareness of the value of recreative living. He served for 33 years as a leader at the forefront of the local, state, national and international park and recreation movement. Through his leadership he was able to record for generations a greater understanding of the challenge of leisure as well as a profound philosophy for the recreation and park profession.



Dr. Brightbill's writings include nine books and more than 75 published papers, monographs and articles. His final book, *Education for Leisure-Centered Living* was published shortly after his death. Dr. Brightbill's influence was carried to far corners of the world by the hundreds of students who knew him as professor and head of the Department of Recreation and Municipal Park Administration (now known as the Department of Leisure Studies) at the U of I from 1951 to 1966.

His leadership and contributions to the field were highly recognized by his colleagues through elective offices and special honors. One of these was his membership as a Fellow of the American Academy of Physical Education; another was a national citation he received for his contribution to American Defense Manpower in 1951. He was also fellow and president of the American Recreation Society. Professor Brightbill was a champion of the concept of professional and lay cooperation in the recreation field and contributed greatly to developing the principles that helped bring about the merger of lay and professional groups to form the National Recreation and Park Association.

Kelly Receives Joe Bannon Award

On May 2, 2003, Oak Lawn Park District Director Maddie Kelly (BS '78) (right) received the Joseph J. Bannon Practitioner Award from Dr. Joseph J. Bannon (MS '58, PhD '71) (left), emeritus professor of the Department of Leisure Studies. The award recognizes a practitioner who has displayed innovation in community service and support of the field of parks and recreation at both the state and national level. Kelly has served as the Oak Lawn Park District's director since May 1996.



ALS Faculty Retrospective: Willard Zemlin

Over the years, Willard Zemlin's teaching and research touched the lives of many individuals, and he was respected for his many contributions to speech and hearing science. It was under the influence of his wife Eileen, a speech-language pathologist, that Dr. Zemlin became interested in speech, language and hearing and their disorders. His interest became so strong that he left his job to earn the Ph.D. degree from the University of Minnesota in 1962. He devoted himself to systematically researching the anatomy and physiology of the speech, language and hearing systems while at the University of Illinois.

Dr. Zemlin was an avid photographer and brought his camera into the laboratory to take photos at key points in the dissecting process to show exactly how the structures look and how they interacted. He would take the resulting slides to the classroom where they gradually supplemented his lectures. This made the subject matter more clear, more interesting, and easier to understand rather than describing structures in words. In 1968, he authored *Speech and Hearing Science Anatomy and*



Physiology. This book not only illustrated his photographs, but also displayed Dr. Zemlin's skill in drawing diagrams. This classic was perhaps the most widely known, as well as the longest used, textbook in the entire field.

His other accomplishments included the development of innovative laboratory space in the Speech and Hearing Science building in the 1970's, which was one of his greatest professional undertakings. His ability to make imaginative use of limited research equipment and to simplify learning made him a wonderful teacher. His unique personality, sense of humor, and generosity helped him develop lasting relationships with many of his students.

Dr. Zemlin was a unique individual with an array of experiences, interests and skills. Prior to entering academia, he worked as a locomotive engineer for the Duluth, Missabe & Iron Range Railroad. He also served as sergeant in the infantry during the Korean War. His personal interests included a fascination with the outdoors that led him to purchase his own sawmill.

Watkins Named Fellow of ASHA

Ruth Watkins, a professor in Speech and Hearing Science and former associate dean in the College of Applied Life Studies, has been named Fellow of the American Speech-Language-Hearing Association. Fellowship is one of the highest honors that the Association can bestow, recognizing outstanding scientific and/or professional achievements. To be elected to receive the award, the nominee must have made outstanding contributions to the discipline of communication science and disorders, demonstrating that level of performance in no fewer than three specified scientific/professional areas. Furthermore, the nominee's significant contributions must be so recognized

beyond one community or state. Watkins will receive this award at the ASHA national convention in November 2003.

In addition, Dr. Watkins became the Associate Provost for Undergraduate Education effective August 18, 2003. Congratulations, Dr. Watkins!



Ruth Watkins

Zemlin Website Launched

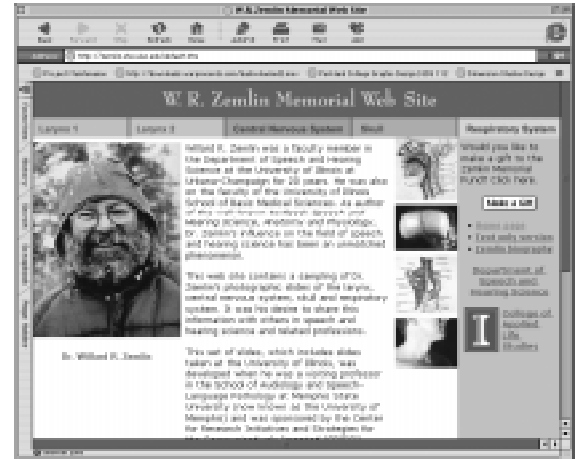
How do you honor a person who has an impact on hundreds of students, written hundreds of articles, hundreds of presentations, taken hundreds of photographs and authored the textbook considered to be the bible for his chosen field? If the person is Dr. Willard Zemlin, you honor him with a comprehensive web site showcasing the distinctive works of a unique scholar.

This fall the W.R. Zemlin Memorial Web Site was launched at <http://zemlin.shs.uiuc.edu/>. The web site contains over 300 of Dr. Zemlin's photographic slides of the larynx, central nervous system, skull and respiratory system. It was his desire to share this information with others in speech and hearing science and related professions.

This set of slides, which includes slides taken at the University of Illinois, was developed when he was a visiting professor in the School of Audiology and Speech-Language Pathology at Memphis State University (now known as the University of Memphis) and was sponsored by the

Center for Research Initiatives and Strategies for the Communicatively Impaired (CRISCI). Facilities and anatomical specimens were provided by the Department of Anatomy and Neurobiology of the University of Tennessee Health Science Center, Memphis, Tennessee.

This web site is supported through the Willard R. Zemlin Memorial Fund established through the University of Illinois Foundation. Income from the endowed fund is used to promote the preservation and dissemination of Willard R. Zemlin's body of work for research and educational purposes.



Joan Good Erickson Award

Kathryn Emery and Susan Ledebuhr were selected as recipients of the 2003 Joan Good Erickson Student Award. The award was established by professor emerita Joan Good Erickson, who joined the faculty in 1963 and whose career has been devoted to better understanding the needs of multicultural populations. The award honors graduate or undergraduate students in Speech and Hearing Science who have a demonstrated interest in multicultural issues. Pictured left to right, Kathryn Emery, Dr. Joan Good Erickson, and Susan Ledebuhr.

Bob Bilger Graduate Student Award

Hanna Stevens was recognized as the first recipient of Bob Bilger Graduate Student Award at a reception at the Illini Union on May 21, 2003. Hanna was selected by a committee of faculty from the Departments of Speech and Hearing Science, Engineering, and Psychology based on her impressive academic record and her demonstrated commitment to studying the auditory system.



Bob Bilger

Professor Bob Bilger served the Department of Speech and Hearing Science both as a faculty member and department head for more than 25 years. As a leading researcher in psychoacoustics and hearing, Bob created a fund within the College of Applied Life Studies to support graduate students at the University of Illinois who are pursuing this field of study. Pictured left to right: Dean Tanya Gallagher, Hanna Stevens, Lynn Bilger, and department head Ron Chambers.

Procter & Gamble Awards Major Grants to U of I, DRES

Two scholars at the University of Illinois have been awarded grants totaling \$300,000 from the Procter & Gamble Fund.

Professor Ray Price, College of Engineering, and Dr. Kim Collins, College of Applied Life Studies, were recently chosen from among 43 applicants nationwide to receive Curriculum Development grants. The P&G Fund awards three Curriculum Development Grants each year, and this is only the second time in the history of P&G that one university received two grants in one year. Each grant totals \$150,000 and is awarded as \$50,000/year for three years. This brings the total to five Curriculum Development Grants awarded to the University of Illinois over the last 10 years from the P&G Fund.

Dr. Collins' project, "Summer DRES: Post-Secondary Transition Program," is a summer transition program for graduating high school seniors with disabilities who are admitted to the University. Although advances in assessment, instructional strategies, and the use of accommodations have made it possible for young people with disabilities to benefit from higher education, as of 1994

P&G only 53% of students with disabilities enrolled in higher education earned their degrees compared to 64% of their counterparts without disabilities. Dr. Collins' program will address this problem so that more students with disabilities are able to benefit from the education offered at the University of Illinois. The program will include roughly 30 students with a range of disabilities, and the course's assessment plan will help make it a model for universities throughout the country.

Dr. Raymond Price's project, "Leading Change for Sustainability," will create a course for students to develop leadership skills and attributes enhancing their ability to lead, manage and adapt to sustainable change. Administered through the Office of Student Affairs, this is a uniquely multi-disciplinary curriculum supporting the development of an interdisciplinary minor among five collaborating colleges—Agriculture, Business, Education, Engineering, and Liberal Arts and Sciences. Dr. Price will disseminate this curriculum beyond the University utilizing the concept of Open Course Ware, an educational initiative developed at the Massachusetts Institute of Technology (MIT). Each year, more than 90 junior, senior and graduate students will participate in the curriculum.

In an era of shrinking state support for higher education, these three-year \$150,000 awards will provide the funding necessary to implement two very worthy projects. The University of Illinois at Urbana-Champaign continues to be one of the top ten universities for P&G recruiting each year based on the numbers of new hires and the quality of candidates. Approximately 285 Illinois alumni work at P&G (including one who is a member of the Board of Directors). These Curriculum Development Grants are just one of many ways that P&G supports the candidates for future roles within their company.



Kim Collins

IBM Debuts New Recruiting Technology at DRES

This past April, IBM hosted a PicTel/Video Conference as a part of the annual Disability Awareness Week. This conference, organized by IBM's Ken Boyd (BS '74) and Pat Skelly, was the first time the company had tried this new type of recruitment method for employees with disabilities.

PicTel/Video technology enables people to communicate and interact both visually and verbally with other individuals who are located at designated sites in other parts of the country. For this particular conference three employees from IBM in Austin, Texas, were available to interact directly with students. One employee has a physi-

cal/mobility disability, the second one has a hearing impairment, and the third employee has a visual impairment. The program was a unique opportunity for students to learn more about issues related to disclosure of disability within the employment setting.

In addition, it allowed students the opportunity to request and obtain accommodations for the workplace and ask questions regarding other employment-related issues from actual employees from the corporate setting.

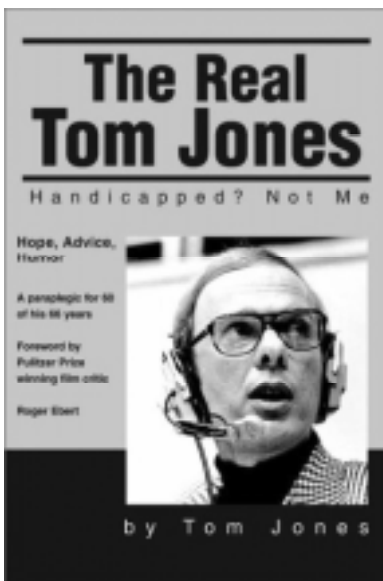


Jones Writes Book About Living With Disability

A spinal cord-injured person since the age of six, **Tom Jones** (BS '59, MS '71) has been leading a successful and productive life while using a wheelchair for over 60 years. Now, he has authored a book about his life and how he has overcome his disability.

The Real Tom Jones is the story of the author's life from the time he was struck by a bullet up to the present day. Focusing on both the successes and failures of one who has a strong desire to excel (despite not being able to walk), the book also provides a broader context by detailing the many advancements in spinal injury rehabilitation since 1943. With as many as 10,000 persons in this country suffering spinal cord injuries every year, Jones feels that some in the medical profession still have no idea how to properly treat and care for this kind of long-term injury. Offering advice to persons with spinal cord injuries, family members and caregivers, *The Real Tom Jones* is about the importance of making newly injured individuals aware of what they can do for themselves.

Tom Jones received a BA in Communications and an MA in Television, both from the University of Illinois. A familiar face (and voice) around the campus community, Jones has hosted a radio talk show on WKIO FM, has been a News and Sports anchorman on WCIA Television (where he was Sports Director for five years), announced for Big Ten football and basketball games (on both radio and television), taught advanced classes in broadcasting at UIUC and has been associate director at the Division of Rehabilitation-Education Services. Congratulations, Tom!



Ripp Wins Boston Marathon



Curt Beamer

Illinois' proud tradition in the Boston Marathon added another chapter this year. **Christina Ripp**, a 22-year-old senior, earned her first title in the women's wheelchair division in her second try, pulling away in the final mile to win the 26.2-mile race. Ripp follows U of I graduate Jean Driscoll, who won Boston eight times, most recently in 2000. Ripp posted a time of 1:54:47 to edge Cheri Blauwet of San Lorenzo, Calif., (1:54:57) and defending champion Edith Hunkeler (1:56:54) of Switzerland.

Ripp, who jockeyed with Blauwet the last 6 miles, said, "I think we both knew it was going to come down to the final quarter-mile. I gave it everything I had. I knew it was going to come down to that, so I was trying to reserve all my pushes."

Ripp was introduced to basketball before long-distance racing. She's a point guard on the US women's wheelchair team and played in Gold Cup championships in Sydney in 1998 and 2000 and paced the US to a silver medal in Japan in 2002. Ripp also placed in two events (5,000-meter gold, 800-meter silver) at the International Paralympic Committee's Track and Field Championships in July 2002 in France.

Ripp's U of I teammates also had a strong showing in the race. Adam Bleakney was sixth in men's wheelchair division in 1:43:35. Joshua George, of U of I student from Herndon, Virginia, was 10th in 1:57:06. South Africa's Ernst F. Van Dyk won the race in 1:28:32.

Athletes from the University of Illinois have enjoyed great success at the Boston Marathon, with racers from Illinois winning 10 times since the wheelchair division was introduced in 1975. Past Illinois winners include:

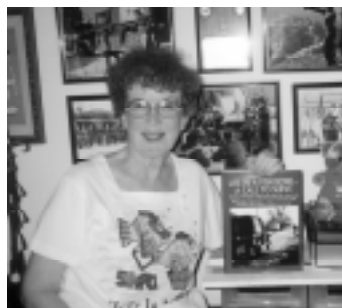
- Sharon Rahn Hedrick, 1977
- Jean Driscoll, 1990
- Jean Driscoll, 1991
- Jean Driscoll, 1992
- Jean Driscoll, 1993
- Jean Driscoll, 1994
- Jean Driscoll, 1995
- Jean Driscoll, 1996
- Jean Driscoll, 2000
- Christina Ripp, 2003

George Bossi (MS '60, Kinesiology) of Newburyport, Massachusetts, retired as Lowell High School wrestling coach in April of 2003 after nearly 40 years. George leaves behind a lasting legacy of winning, which includes eleven state team championships, several New England crowns and numerous Merrimack Valley Conference titles. This past season, George notched his 600th dual-meet victory, one of only a few high school wrestling coaches in the nation to do so. In addition to his coaching duties, George was a teacher and former athletic director at Lowell High School.

Rod Cardinal (MS '77 Kinesiology) of Champaign, Illinois, retired as the head trainer of the University of Illinois men's basketball team after 30 years in May of 2003. In the past three decades, Rod saw five coaching changes and was on the Illinois staff for four Big Ten championships, three Sweet Sixteens, two Elite Eights and a Final Four appearance in 1989. Prior to Illinois, Rod spent three years as assistant athletic trainer at United States Military Academy at West Point. In 2003, Rod was inducted into the Illinois Basketball Coaches Hall of Fame.



Lucie Davidson (BS '56, Leisure Studies) of Chicago, Illinois, has led an exciting and eclectic life both domestically and abroad. Her career spanned from being a professional ice skater for three years to ten years with the Red Cross in Europe and Asia to director of several recreation centers in Vietnam in 1970 and 1971. In March of 1995, Lucie retired and is now making Chicago her home. In August of 2003, Lucie



became a published author and editor of *Life in a Fish Bowl—A Call to Serve* which reveals a unique program offered by the Red Cross, the Supplemental Recreation Activities Overseas (SRAO) Program. Lucie and several women she worked with share memories and facts about the SRAO programs in Korea, France, Morocco and Turkey. The SRAO program helped young soldiers forget problems and bad news. It was solely designed to be a fun break with a touch of home in their lives overseas.

Alina De La Paz (BS '82; MS '83, Speech and Hearing Science), the executive director of the Center for Bilingual Speech and Language Disorders in Miami, Florida, was recently honored with *Miami Today's* Silver Medal for her groundbreaking work among bilingual patients. Alina was the Florida Association of Speech Language Pathologists and Audiologists' Clinician of the Year for 2001.



Gary Friedman (MS '91, Leisure Studies) of Louisville, Kentucky, recently began his third year as associate athletic director for development for the University of Louisville, overseeing all of the Cardinals' fundraising efforts. During Friedman's first two years, the Cardinal Athletic Fund has reached new levels of giving with increased financial support and number of donors. A past president of the National Association of College Marketing Administrators (NACMA), Friedman had overseen external operations at Central Michigan since February of 1996 with impressive results. Prior to his stint at Central Michigan, Friedman worked five years at East Tennessee State, the first year as its director of marketing and promotions before advancing to assistant athletics director for external operations.



Robert "Bert" Gray (BS '76, Leisure Studies) of Mahomet, Illinois, was named executive director of the Champaign County Forest Preserve District in May of 2003. For the past 23 years, Gray has served as the Executive Director of the Oswegoland Park District in Oswego where he was responsible for 34 parks. In his new capacity, Mr. Gray will oversee four main forest preserves in Champaign County. While an undergraduate at the University of Illinois, Mr. Gray played trombone in the Marching Illini.

Steven J. Jackson (MS '84, Ph.D. '92, Kinesiology) of Dunedin, New Zealand, was recently awarded the New Zealand Ministry of Education Sustained Excellence in Teaching Award by Prime Minister, Helen Clark. Dr. Jackson has gained legendary status at the University of Otago and beyond. He endeavors to link teaching, research and experience in order to provide a contemporary, challenging and supportive learning environment within all increasing global context. One of his students has stated, "It is not sufficient to merely comment on his teaching abilities—he has played a pastoral role, worked tirelessly to provide every research opportunity and continues to shape my own personal and academic development following my graduation from Otago."



Leanne R. Larson (BS '81, Community Health) of Wilmette, Illinois, is the vice president of strategy and development for Ovation Research Group. Ovation Research Group is one of the world's leading health economics and outcomes research and consulting firms. The firm serves pharmaceutical, medical device, and biotechnology companies around the globe and in all phases of product development. She previously worked in Ernst & Young's Life Sciences and Pharmaceuticals consulting practice. Leanne also served as Senior Health Science Coordinator in Digestive Diseases with Merck & Co., Inc., where she acted as research liaison to academic medical centers and key medical opinion leaders and provided medical training and support to over 200 field sales representatives and managers. Leanne is an instructor in health service systems at the Keller Graduate School of Management, and is a charter member of the International Society of Pharmacoeconomics and Outcomes Research.



Cynthia D. Stringfellow (BS '81, Community Health) of Homewood, Illinois, is the Director of the Midwest Learning Center for Family Focus. The Midwest Learning Center for Family Support provides customized family support training in eleven midwestern states. Cynthia's BS was received as a double major in community and school

health education. Over the past 20 plus years her work experience includes working in primary, and secondary prevention programs as well as tertiary intervention at the city, county and state levels primarily with public health and human service organizations. Cynthia received her MS in Community Health Education and Counseling from the University of North Texas (1989) and previously was the national director of Prevent Child Abuse America's Healthy Family training program.

Robert J. Moore (BS, '62; MS, '67, Community Health) was among the 2003 inductees into the National Athletic Trainers' Association (NATA) Hall of Fame. Moore is currently a professor at San Diego State University in the Exercise and Nutrition Science Department. He served as the head athletic trainer at San Diego State between 1968 and 1996 and established one of the first truly coed athletic training room facilities on the West Coast. Moore was also appointed as an athletic trainer at the 1984 Summer Olympics in Los Angeles, California.



Mom's Day

Courtney Kiefer and her parents, Susan (BS '74) and Don (BS '72), attended the annual Mom's Day Brunch and Information Session on April 12, 2003. The session featured presentations by faculty and advisors about the ALS curriculum and what students can expect at the University of Illinois. The session is one way ALS helps to ensure students get the most from their college experience.



Fall 2003 Calendar of Events

Friday, October 10	University of Illinois Foundation Annual Meeting, Krannert Center, 9:00 to 11:00 a.m.
Friday, October 24	ALS Alumni Board Meeting, 115 Huff Hall, 10:00 a.m. to 2:00 p.m.
Saturday, October 25	Homecoming Pre-game Party, Rehabilitation Center Lobby, 9:00 to 11:00 a.m.
Friday, November 7	Delta Sigma Omicron Awards Banquet, Chancellor Hotel, 7:00 p.m.
Saturday, November 15	Speech and Hearing Science Reception, ASHA Convention. Chicago, Illinois, 6:00 p.m. to 8:00 p.m.
Saturday, November 22	Illinois 3D Reception, west lawn Freer Hall, post-game.



Join Us For Homecoming!

What: Homecoming pre-game party, College of Applied Life Studies

When: Saturday, October 25, 2003, 9 a.m. to 11 a.m.

Where: Division of Rehabilitation-Education Services, 1207 S. Oak St., Champaign, Illinois
(1 block northwest of Memorial Stadium)

Why: So you can meet fellow alumni . . . and we want to meet *you!*

Join alumni, students, and faculty for a festive celebration before the Illinois vs. Minnesota football game. The party starts at 9 a.m. and continues until 11 a.m. Continental breakfast will be served. All you have to do is join us!

For more information, call 217/244-6600 or email alumni@als.uiuc.edu. Football tickets can be ordered by calling 217/333-3470.



College of Applied Life Studies

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